

COMPETITION INSTRUCTIONS

OPEN DANISH CHAMPIONSHIP. WORLD CUP. DANISH CUP.
BIATHLON ORIENTEERING 31. OCTOBER - 1. NOVEMBER 2015.

Competition area and competition center.

Ulfborg Plantage. Competition Center (CC) is Ulfborg Skyttecenter, Torstedvej 1, 6990 Ulfborg. N 56.260436, E 8.347796

Programme.

Saturday 31 Oct Mass Start.

9.30 AM	CC open
10.30 - 11.45 AM	Zeroing (adjustment shooting) and a demonstration "how to act".
12.00 PM	First class start.
15.30 PM	All finished.
18.30 PM	Dinner at Danhostel, Holstebro and prize giving for Mass Start.

Sunday 1 Nov Classic distance.

8.00 AM	CC open
8.15 - 9.30 AM	Zeroing (adjustment shooting).
09.45 AM	First start.
14.00 PM	All finished and prize giving.

GENERAL INFORMATION.

Jury.

Chairman Varny Vestergaard

Member T.b.d

Member T.b.d

Services.

CC and a little shop with coffee/the, cakes, beverages and burgers are located in the 50 m shooting barrack, 100 meter from shooting range.
Showers are available Sunday in the lodging area.

Maps and controls.

Orienteering and location orienteering maps are all scale 1 : 10.000.

Contour interval 2.5 m.

A race map without course information is shown in the competition area.

The organizer collects competitor's maps at the finish line until all competitors have accomplishing their courses.

Maps are tear- and weather resistant. Control descriptions are printed on competition maps and, in addition, copies of control descriptions are available in the pre-start area in classic distance Sunday.

Rental EMIT cards are collected in the competition office. Please confirm that card number equals the start list. Unreturned rental EMIT card causes penalty fee of 450,- DKK.

Blank backup sheets for the EMIT cards are available in club envelopes in the competition office.

Weapon and zeroing.

No weapon control.

Zeroing (adjustment shooting). Commander shooting leads the shooting.

Shooting lanes per country both days

Lane 1-2 Finland, Germany, Hungary, Belgium.

Lane 3-7 Sweden

Lane 8-10 Denmark

One spot for every competitor. During zeroing it is not allowed to visit the targets.

New targets every 25 minutes.

No numbers on the weapon stands.

Numbers.

The competitors carries no numbers, but for identifying a number will be marked on the palm of the competitor with a visible pen (tusch).

Prize giving.

Masstart: Prizes for class winners will be given with a little ceremony held by the banquet Saturday evening at Danhostel, Holstebro. Address: Sysseting 2B, 7500 Holstebro

Classic: Prizes for class winners will be given as soon as possible there are verified winners in all classes.

INSTRUCTIONS FOR MASS-START SATURDAY.

Classes and course lengths.

Class	Length (km)	How to run...
M14	2,5	300 m run, prone 10 rounds, penalty loops, orienteering, prone 10 rounds, penalty loops, finish
M20	3 x 2,5-2,9	Orienteering, prone 10 rounds, penalty loops, orienteering, standing 10 rounds, penalty loops, orienteering, finish
M21	3 x 3,2 - 3,4	Orienteering, prone 10 rounds, penalty loops, orienteering, standing 10 rounds, penalty loops, orienteering, finish
M40	3 x 2,2 - 2,5	Orienteering, prone 10 rounds, penalty loops, orienteering, standing 10 rounds, penalty loops, orienteering, finish
M50	3 x 1,6 - 2,1	Orienteering, prone 10 rounds, penalty loops, orienteering, standing 10 rounds, penalty loops, orienteering, finish
M60	2 x 2,5 - 2,9	Orienteering, prone 10 rounds, penalty loops, orienteering, standing 10 rounds, penalty loops, finish
W14	2,5	300 m run, prone 10 rounds, penalty loops, orienteering, prone 10 rounds, penalty loops, finish
W20	3 x 1,6 - 2,1	Orienteering, prone 10 rounds, penalty loops, orienteering, standing 10 rounds, penalty loops, orienteering, finish
W21	3 x 2,2 - 2,5	Orienteering, prone 10 rounds, penalty loops, orienteering, standing 10 rounds, penalty loops, orienteering, finish
W45	2 x 2,5 - 2,9	Orienteering, prone 10 rounds, penalty loops, orienteering, standing 10 rounds, penalty loops, finish
Intro	4,4	300 m run, prone 10 rounds, penalty loops, orienteering, standing 10 rounds, penalty loops, finish

M21 and M20 runs the long penalty loop.

Class start.

Start is located 200 m from shooting range.

1200 PM M21, M/W14, Intro

1210 PM W21, M20, W20

1220 PM M40, W45

1230 PM M50, M60

Maps.

All classes except M/W14 and Intro have map exchange. The competitor takes a new map corresponding to his/her number/leg after shooting and follows the marked route to the starting point. Maps will be clearly marked with number and leg, ex. 23-2 on the backside.

Shooting.

In classes M/W14 it is allowed to use shooting stand.

After five (5) shots the competitor requests the shooting range official to reset the target. Officials will mark hits on the map in the printed squares. Blank squares for punching on the penalty loops.

If all lanes are occupied, an official registries waiting time and mark it on the map.

Shooting and Competition area with penalty loops.



INSTRUCTIONS FOR CLASSIC DISTANCE SUNDAY.

Class	Length LO + O	How to run....
M14	3 + 2,5	Location orienteering, 10 rounds prone, orienteering, 10 rounds prone, finish
M20	3 + 7,4	Location orienteering, 10 rounds prone, orienteering, 10 rounds standing, finish
M21	3 + 8,4	Location orienteering, 10 rounds prone, orienteering, 10 rounds standing, finish
M40	3 + 6,4	Location orienteering, 10 rounds prone, orienteering, 10 rounds standing, finish
M50	3 + 5,3	Location orienteering, 10 rounds prone, orienteering, 10 rounds standing, finish
M60	3 + 5,0	Location orienteering, 10 rounds prone, orienteering, 10 rounds standing, finish
W14	3 + 2,5	Location orienteering, 10 rounds prone, orienteering, 10 rounds prone, finish
W20	3 + 5,3	Location orienteering, 10 rounds prone, orienteering, 10 rounds standing, finish
W21	3 + 6,4	Location orienteering, 10 rounds prone, orienteering, 10 rounds standing, finish
W45	3 + 3,9	Location orienteering, 10 rounds prone, orienteering, 10 rounds standing, finish
Intro	3 + 4,4	Location orienteering, 10 rounds prone, orienteering, 10 rounds standing, finish

Intro is medium difficult orienteering.

Location orienteering.

Start is located 200 m from the shooting range, route marked with red/white tapes.

Start with 2 min start interval in each class, according to the start list.

A competitor shall be present in the start area 4 min before his/her starting time.

The course is marked with colored tapes. There are five positions placed in and five positions placed outside the course. The competitor signs the position on the map with a safety pin and, on the backside of the map, signs the position with a marking pen by connecting the pinprick to a circle with the respective number of the position.

Shooting.

After five (5) shots the competitor requests the shooting range official to reset the target.

If all lanes are occupied, an official registries waiting time and mark it on the map.

An official will hand over a registration paper for shooting hits. Please show/say your number to the official on your specific lane and it will be written on the registration card..

Shooting and Competition area.

Same as for Mass start without penalty loops.

After prone shooting, follow the same red/white tape as for location orienteering to start orienteering.

WE LOOK FORWARD TO SEE YOU AND HOPE, THAT WE CAN GIVE YOU A NICE EXPERIENCE.