

# BULLETIN 1-2

## 2014 DANISH SPRINT CHAMPIONSHIPS

- Organiser:** Vestjysk Orienteringsklub
- Classification:** A \*\*\*\*\* event / World Ranking Event
- Saturday 26th April 2014. Event Centre opens at 12.30
- Competition area:** Lemvig Town. The competition area is embargoed for potential competitors in the Danish Sprint Championships – this applies also to travel by motor vehicle. The exact embargoed area can be viewed on the website [www.vestjyskorientering.dk](http://www.vestjyskorientering.dk).
- Embargoed area:** <http://goo.gl/maps/A3Ppn>,
- Changing and showers:** Lemtorpskolen, Nissumvej 10, Lemvig
- Event Centre:** Lemvig Harbour
- Toilets:** at the Event centre, with hand-cleaning facilities
- Parking:** about 500 metres from the Event Centre
- Signposting:** from the Ringkøbingvej/Lemvigvej intersection (route 28) and the Fabjergevej/Nissumvej intersection (route 565)
- Map:** Lemvig 2014, scale 1:4,000, contour interval 2.5 m. The map is offset printed on tear- and water proof paper. The map has been awarded the Danish Orienteering Federation's (DOF) Quality Mark.
- Terrain:** Lemvig is an almost 800-year-old market town situated at the southern end of Lem Vig (Lem inlet) in the western part of Lim fjord. The Ice Age created the characteristic landscape of the town and its surrounding area, with the steep hillsides that encircle the town. This means, among other things, that paths and roads in the town can have up to 15% climb. These hills, when combined with a strong westerly wind, can provide a stern challenge.
- The competition area is very largely built-up area with many back yards, passages and alleyways. There are one or two green areas and parks. A steep hillside traverses the whole competition area from the north-west towards the south. The running surface is mostly asphalt and paving stones.
- First start:** 14.00 (elite classes). Other classes start 15 minutes after the last start in the elite classes.
- Classes:** as per DOF's and IOF's current Rules

Class	Difficulty	Winning time	Class	Difficulty	Winning time
D -12	Easy	15 min	H -12	Easy	5 min
D -14	Moderate	15 min	H -14	Moderate	15 min
D -16	Difficult	15 min	H -16	Difficult	15 min
D -20	Difficult	15 min	H -20	Difficult	5 min
D 21-	Difficult	12-15 min	H 21-	Difficult	12-15 min
D 35-	Difficult	15 min	H 35-	Difficult	15 min
D 40-	Difficult	15 min	H 40-	Difficult	15 min
D 45-	Difficult	15 min	H 45-	Difficult	15 min
D 50-	Difficult	15 min	H 50-	Difficult	15 min
D 55-	Difficult	15 min	H 55-	Difficult	15 min
D 60-	Difficult	15 min	H 60-	Difficult	15 min
D 65-	Difficult	15 min	H 65-	Difficult	15 min
D 70-	Difficult	15 min	H 70-	Difficult	15 min
D 75-	Difficult	15 min	H 75-	Difficult	15 min
			H 80-	Difficult	15 min
			H 85-	Difficult	15 min

<b>Prizes:</b>	In classes H/D 21-, winners receive Danmarks Idræts-Forbund's (DIF) championship medals. Second- and third-placegetters receive DOF's silver and bronze medals for their classes respectively. The fastest in all other classes receive DOF's medals: gold, silver and bronze.
<b>Entry on the day:</b>	Entry-on-the-day classes will be run after the finish of the Championship classes
<b>Punching system:</b>	EMIT
<b>Children's courses:</b>	Children's courses will be available, free of charge
<b>Distances:</b>	Changing – parking: 2,000 metres Changing – Event centre (on foot): 2,000 metres Parking – Event Centre: 500 metres Event Centre – Start: 300 metres
<b>Results:</b>	will be displayed and updated regularly at the Event Centre, and published after the event on <a href="http://www.vestjyskorientering.dk">www.vestjyskorientering.dk</a> .
<b>Refreshments:</b>	Available from shops and businesses at the harbour
<b>Crèche:</b>	Booking by email to <a href="mailto:lars@vendelbjerg.dk">lars@vendelbjerg.dk</a> with name, age and club no later than 11th April
<b>Entries:</b>	for Danish entries, via O-service no later than midnight on Friday 11th April. Runners in classes D -20, D21-, H -20 and H 21- who have a World Ranking ID should make this known under 'bemærkning til arrangøren' in O-service. Non-Danish competitors can enter by sending an email to <a href="mailto:lars@vendelbjerg.dk">lars@vendelbjerg.dk</a> with name, club name, age and class together with any World Ranking ID.
<b>Entry fees:</b>	-20 years old: 100 kroner. All others: 140 kroner. Hire of EMIT brick: 25 kroner. Entry fees are to be paid at the same time as entry to Vestjysk OK v/Thomas Nagstrup Laursen: Reg. 7600 konto 1079771. Foreign entrants must add a bank charge of 40 kroner per payment to the entry fees. Payment must be made at the time of entry to Vestjysk OK v/Thomas Nagstrup Laursen: Reg. 7600 konto 1079771. IBAN account number: DK6276000001079771. SWIFT address / BIC: VEHODK22.
<b>Late entries:</b>	up to midnight on 22nd April. Late entry fees: -20 years old: 300 kroner. All others: 400 kroner.
<b>Accommodation:</b>	Overnight stay in classrooms at Lemtorpskolen, Nissumvej 10, Lemvig, 50 kroner per person. Booking to <a href="mailto:lars@vendelbjerg.dk">lars@vendelbjerg.dk</a> . Other accommodation: there are many alternatives in the area and some special offers in connection with the Championships. See separate overview on <a href="http://www.vestjyskorientering.dk">www.vestjyskorientering.dk</a> under 'DM-sprint'. <a href="http://www.visitlemvig.dk">www.visitlemvig.dk</a> and Lemvig Tourist Information, Toldbodgade 4, tel. (45) 97820077. <a href="http://www.visitholstebro.dk">www.visitholstebro.dk</a> <a href="http://www.visitstruer.dk">www.visitstruer.dk</a>
<b>Meals:</b>	Buffet meal on Saturday and breakfast on Sunday in Lemvig Idræts- og Kulturcenter can be booked via O-service. Information on <a href="http://www.vestjyskorientering.dk">www.vestjyskorientering.dk</a> .
<b>Event Organisers:</b>	<b>Event Coordinator:</b> Lars Rask Vendelbjerg, Vestjysk OK, <a href="mailto:lars@vendelbjerg.dk">lars@vendelbjerg.dk</a> , tel. (45) 40983499 <b>Course Planner:</b> Jesper Lundsgaard, Vestjysk OK <b>Course Controller:</b> Jes Rasmussen, Viborg OK <b>Mapper:</b> Bjarne Olsen, Vestjysk OK <b>Results:</b> Lars Ole Kopp, Vestjysk OK <b>Start:</b> Jørgen Damtoft, Vestjysk OK <b>Event Centre:</b> Lars Ole Kopp, Vestjysk OK <b>Commentary:</b> Lars Klode, Herning OK <b>Event Centre Office and facilities:</b> Niels Henrik Olesen, Vestjysk OK <b>First Aid:</b> Lizzie Olesen, Vestjysk OK <b>Children's courses:</b> Anette Hebsgaard, Vestjysk OK <b>IOF Event Adviser:</b> Erik Bobach, Silkeborg OK