

Plads	Navn	Klasse	Tid
1	Poul Nøhr	10	43:15
03:48=	07:22=	09:04=	11:30=
03:48=	03:34=	01:42=	02:26=
00:00=	00:00=	00:00=	00:00=
2	Carsten Helligsø	3	43:16
03:01-	06:25-	07:31-	12:15-
03:01-	03:24-	01:06-	01:44-
00:47-	00:10-	00:36-	00:42-
3	Lars Klode	1	44:39
03:19-	05:36-	07:13-	09:27-
03:19-	02:17-	01:37-	02:14-
00:29-	01:17-	00:05-	00:12-
4	Frants Nielsen	1	44:47
02:39-	04:58-	06:11-	09:31-
02:39-	02:19-	01:13-	03:20+
01:09-	01:15-	00:29-	00:54&
5	Ann Dorrit Hansen	6	45:08
03:52+	06:40-	08:01-	10:24-
03:52+	02:48-	01:21-	02:23-
00:04+	00:46-	00:21-	00:03-
6	Pia Gade	11	45:51
03:57+	07:38+	09:36+	12:09+
03:57+	03:41+	01:58+	02:33+
00:09+	00:07+	00:16#	00:07+
7	Thomas Jørgensen	3	46:53
03:49+	06:19-	07:37-	09:41-
03:49+	02:30-	01:18-	02:04-
00:01+	01:04-	00:24-	00:22-
8	Claus Madsen	3	52:11
03:04-	11:43+	13:18+	15:57+
03:04-	08:39+	01:35-	02:39+
00:44-	05:05@	00:07-	00:13+
9	Asger Kristensen	1	52:17
03:10-	10:33+	12:28+	14:57+
03:10-	07:23+	01:55+	02:29+
00:38-	03:49@	00:13#	00:03+
10	Leo Jespersen	3	53:52
03:04-	13:16+	14:53+	17:26+
03:04-	10:12+	01:37-	02:33+
00:44-	06:38@	00:05-	00:07+
11	Hartvig Mathiasen	11	1:03:17
04:39+	09:03+	11:56+	15:09+
04:39+	04:24+	02:53+	03:13+
00:51#	00:50#	01:11&	00:47&
12	Birgitte Jørgensen	11	1:03:20
04:34+	09:00+	12:00+	15:13+
04:34+	04:26+	03:00+	03:13+
00:46#	00:52#	01:18&	00:47&

Beste stræktid for klassen

02:39 02:17 01:06 01:44 02:22 01:16 02:07 03:09 01:27 02:11 05:41 01:28 01:51 00:31

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

3,8km m/svær

Class	Navn	Klasse	Tid													
1	Jens Buhl Christensen	11	42:17													
03:15=	05:55=	11:39=	14:27=	15:43=	18:01=	24:10=	27:05=	30:16=	33:24=	34:52=	38:03=	39:41=	41:34=	42:17=		
03:15=	02:40=	05:44=	02:48=	01:16=	06:09=	02:55=	03:11=	03:08=	01:28=	03:11=	01:38=	01:53=	00:43=			
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
2	Lilli Hansen	7	1:12:07													
03:48+	07:30+	17:29+	24:44+	27:18+	31:25+	36:51+	38:31+	43:50+	48:21+	53:20+	55:25+	61:25+	65:44+	70:07+	71:01+	72:07+
03:48+	03:42+	09:59+	07:15+	02:34+	04:07+	05:26-	01:40-	05:19+	04:31+	04:59+	02:05-	06:00+	04:19+	04:23+	00:54+	01:06+
00:33#	01:02&	04:15&	04:27@	01:18@	01:49&	00:43-	01:15-	02:08&	01:23&	03:31@	01:06-	04:22@	02:26@	03:40@	00:54+	01:06+
3	Pia Grønbjerg Hansen	4	1:12:24													
03:53+	07:45+	17:38+	25:08+	27:22+	31:35+	37:01+	38:50+	44:06+	48:40+	53:34+	55:50+	61:23+	66:08+	71:10+	72:24+	
03:53+	03:52+	09:53+	07:30+	02:14+	04:13+	05:26-	01:49-	05:16+	04:34+	04:54+	02:16-	05:33+	04:45+	05:02+	01:14+	
00:38#	01:12&	04:09&	04:42@	00:58&	01:55&	00:43-	01:06-	02:05&	01:26&	03:26@	00:55-	03:55@	02:52@	04:19@	01:14+	

Beste stræktid for klassen

03:15 02:40 05:44 02:48 01:16 02:18 05:26 01:40 03:11 03:08 01:28 02:05 01:38 01:53 00:43

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

4,5km

1	Ole Andersen	1	54:46															
09:08=	11:08=	13:01=	14:33=	16:24=	18:33=	20:11=	23:16=	24:59=	28:13=	39:11=	42:12=	43:39=	45:42=	48:24=	50:27=	51:40=	54:04=	54:46=
09:08=	02:00=	01:53=	01:32=	01:51=	02:09=	01:38=	03:05=	01:43=	03:14=	10:58=	03:01=	01:27=	02:03=	02:42=	02:03=	01:13=	02:24=	00:42=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Rolf Duedahl Nielsen	6	58:07															
08:12-	11:29+	14:40+	22:51+	25:40+	27:39+	30:07+	32:01+	33:59+	35:16+	43:50+	47:24+	48:35+	50:30+	53:01+	54:47+	55:46+	57:34+	58:07+
08:12-	03:17+	03:11+	08:11+	02:49+	01:59-	02:28+	01:54-	01:58+	01:17-	08:34-	03:34+	01:11-	01:55-	02:31-	01:46-	00:59-	01:48-	00:33-
00:56-	01:17&	01:18&	06:39@	00:58&	00:10-	00:50&	01:11-	00:15#	01:57-	02:24-	00:33#	00:16-	00:08-	00:11-	00:17-	00:14-	00:36-	00:09-
3	Leif Rønn Olsen	1	1:01:48															
09:02-	10:41-	12:39-	14:18-	22:12+	24:16+	25:42+	32:07+	33:41+	36:35+	47:15+	50:29+	51:52+	53:53+	56:36+	58:28+	59:25+	61:20+	61:48+
09:02-	01:39-	01:58+	01:39+	07:54+	02:04-	01:26-	06:25+	01:34-	01:58+	10:40-	03:14+	01:23-	02:01-	02:43+	01:52-	00:57-	01:55-	00:28-
00:06-	00:21-	00:05+	00:07+	06:03@	00:05-	00:12-	03:20@	00:09-	00:20-	00:18-	00:13+	00:04-	00:02-	00:01+	00:11-	00:16-	00:29-	00:14-
4	Flemming Bindner	12	1:01:50															
11:14+	13:06+	15:09+	16:54+	20:52+	22:33+	29:44+	32:09+	34:02+	35:27+	44:38+	48:26+	50:24+	52:41+	55:24+	58:27+	59:31+	61:17+	61:50+
11:14+	01:52-	02:03+	01:45+	03:58+	01:41-	07:11+	02:25-	01:53+	01:25-	09:11-	03:48+	01:58+	02:17+	02:43+	03:03+	01:04-	01:46-	00:33-
02:06#	00:08-	00:10+	00:13#	02:07@	00:28-	05:33@	00:40-	00:10+	01:49-	01:47-	00:47&	00:31&	00:14#	00:01+	01:00&	00:09-	00:38-	00:09-
5	Lene Stick Nielsen	11	1:02:07															
09:33+	11:29+	13:52+	15:32+	18:16+	20:49+	22:42+	26:40+	28:29+	35:41+	44:54+	48:26+	50:27+	53:01+	56:02+	58:19+	59:35+	61:29+	62:07+
09:33+	01:56-	02:23+	01:40+	02:44+	02:33+	01:53+	03:58+	01:49+	07:12+	09:13-	03:32+	02:01+	02:34+	03:01+	02:17+	01:16+	01:54-	00:38-
00:25+	00:04-	00:30&	00:08+	00:53&	00:24#	00:15#	00:53&	00:06+	03:58@	01:45-	00:31#	00:34&	00:31&	00:19#	00:14#	00:03+	00:30-	00:04-
6	Jan Lauge Kristensen	3	1:04:24															
09:11+	12:25+	14:35+	16:22+	18:08+	20:30+	22:54+	25:29+	27:56+	35:44+	44:42+	48:23+	53:20+	55:30+	58:20+	60:25+	61:28+	63:44+	64:24+
09:11+	03:14+	02:10+	01:47+	01:46-	02:22+	02:24+	02:35-	02:27+	07:48+	08:58-	03:41+	04:57+	02:10+	02:50+	02:05+	01:03-	02:16-	00:40-
00:03+	01:14&	00:17#	00:15#	00:05-	00:13#	00:46&	00:30-	00:44&	04:34@	02:00-	00:40#	03:30@	00:07+	00:08+	00:02+	00:10-	00:08-	00:02-
7	Grethe Anæus	11	1:05:41															
09:45+	11:48+	14:03+	15:46+	18:26+	20:57+	22:37+	25:53+	28:14+	38:19+	48:31+	51:44+	54:21+	56:49+	59:45+	62:54+	64:56+	65:41+	
09:45+	02:03+	02:15+	01:43+	02:40+	02:31+	01:40+	03:16+	02:21+	10:05+	10:12-	03:13+	02:37+	02:28+	02:56+	03:09+	02:02+	00:45-	
00:37+	00:03+	00:22#	00:11#	00:49&	00:22#	00:02+	00:11+	00:38&	06:51@	00:46-	00:12+	01:10&	00:25#	00:14+	01:06&	00:49&	01:39-	
8	Lars Styland	13	1:07:25															
09:18+	12:03+	14:39+	16:17+	18:17+	20:40+	23:09+	26:17+	28:16+	35:50+	48:03+	51:48+	54:23+	56:34+	59:38+	62:12+	64:05+	66:53+	67:25+
09:18+	02:45+	02:36+	01:38+	02:00+	02:23+	02:29+	03:08+	01:59+	07:34+	12:13+	03:45+	02:35+	02:11+	03:04+	02:34+	01:53+	02:48+	00:32-
00:10+	00:45&	00:43&	00:06+	00:09+	00:14#	00:51&	00:03+	00:16#	04:20@	01:15#	00:44#	01:08&	00:08+	00:22#	00:31&	00:40&	00:24#	00:10-
9	Gitte Isen	1	1:07:28															
10:00+	12:20+	14:44+	16:19+	18:14+	20:43+	22:50+	26:03+	28:09+	37:04+	49:38+	53:00+	54:38+	57:08+	60:28+	62:57+	64:23+	66:41+	67:28+
10:00+	02:20+	02:24+	01:35+	01:55+	02:29+	02:07+	03:13+	02:06+	08:55+	12:34+	03:22+	01:38+	02:30+	03:20+	02:29+	01:26+	02:18-	00:47+
00:52+	00:20#	00:31&	00:03+	00:04+	00:20#	00:29&	00:08+	00:23#	05:41@	01:36#	00:21#	00:11#	00:27#	00:38#	00:26#	00:13#	00:06-	00:05#
10	Torben Isen	1	1:20:38															
10:26+	12:46+	15:05+	17:05+	21:06+	23:36+	35:49+	39:49+	42:37+	44:13+	58:22+	64:30+	67:22+	70:05+	73:45+	76:13+	77:39+	79:56+	80:38+
10:26+	02:20+	02:19+	02:00+	04:01+	02:30+	12:13+	04:00+	02:48+	01:36-	14:09+	06:08+	02:52+	02:43+	03:40+	02:28+	01:26+	02:17-	00:42=
01:18#	00:20#	00:26#	00:28&	02:10@	00:21#	10:35@	00:55&	01:05&	01:38-	03:11&	03:07@	01:25&	00:40&	00:58&	00:25#	00:13#	00:07-	00:00=

Class	Navn	Klasse	Tid															
11	Knud Jespersen	8	1:26:03															
10:06+	12:29+	15:17+	17:09+	19:35+	22:07+	24:35+	31:57+	33:50+	37:22+	63:02+	66:55+	69:25+	72:11+	75:25+	78:25+	83:14+	85:21+	86:03+
10:06+	02:23+	02:48+	01:52+	02:26+	02:32+	02:28+	07:22+	01:53+	03:32+	25:40+	03:53+	02:30+	02:46+	03:14+	03:00+	04:49+	02:07-	00:42=
00:58#	00:23#	00:55&	00:20#	00:35&	00:23#	00:50&	04:17@	00:10+	00:18+	14:42@	00:52&	01:03&	00:43&	00:32#	00:57&	03:36@	00:17-	00:00=
12	Svend Erik Skovsgaard	11	1:26:21															
12:05+	15:25+	17:51+	28:32+	30:50+	33:49+	41:27+	44:30+	47:25+	49:24+	63:33+	68:49+	71:44+	74:54+	78:29+	81:17+	83:02+	85:37+	86:21+
12:05+	03:20+	02:26+	10:41+	02:18+	02:59+	07:38+	03:03-	02:55+	01:59-	14:09+	05:16+	02:55+	03:10+	03:35+	02:48+	01:45+	02:35+	00:44+
02:57&	01:20&	00:33&	09:09@	00:27#	00:50&	06:00@	00:02-	01:12&	01:15-	03:11&	02:15&	01:28@	01:07&	00:53&	00:45&	00:32&	00:11+	00:02+
13	Frode Harritz	3	1:40:17															
09:25+	11:26+	13:42+	21:22+	24:42+	27:56+	50:10+	53:36+	58:39+	61:16+	73:35+	79:41+	82:59+	87:05+	91:14+	95:18+	97:11+	99:32+	100:17+
09:25+	02:01+	02:16+	07:40+	03:20+	03:14+	22:14+	03:26+	05:03+	02:37-	12:19+	06:06+	03:18+	04:06+	04:09+	04:04+	01:53+	02:21-	00:45+
00:17+	00:01+	00:23#	06:08@	01:29&	01:05&	20:36@	00:21#	03:20@	00:37-	01:21#	03:05@	01:51@	02:03&	01:27&	02:01&	00:40&	00:03-	00:03+
Beste stræktid for klassen																		
08:12	01:39	01:53	01:32	01:46	01:41	01:26	01:54	01:34	01:17	08:34	03:01	01:11	01:55	02:31	01:46	00:57	00:45	00:28

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

5,5km

1	Steffen Alm	5	51:06																	
07:43=	09:23=	11:05=	12:21=	16:37=	19:54=	22:10=	23:25=	25:51=	27:17=	29:53=	36:43=	39:29=	40:53=	43:12=	44:57=	46:37=	48:52=	50:31=	51:06=	
07:43=	01:40=	01:42=	01:16=	04:16=	03:17=	02:16=	01:15=	02:26=	01:26=	02:36=	06:50=	02:46=	01:24=	02:19=	01:45=	01:40=	02:15=	01:39=	00:35=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Keld Gade	11	52:48																	
07:41-	12:08+	14:38+	17:03+	18:18+	19:54=	21:43-	23:08-	25:38-	27:09-	30:56+	38:21+	40:20+	41:44+	44:23+	46:16+	48:09+	50:32+	52:14+	52:48+	
07:41-	04:27+	02:30+	02:25+	01:15-	01:36-	01:49-	01:25+	01:31+	01:31+	03:47+	07:25+	01:59-	01:24=	02:39+	01:53+	01:53+	02:23+	01:42+	00:34-	
00:02-	02:47@	00:48&	01:09&	03:01-	01:41-	00:27-	00:10#	00:04+	00:05+	01:11&	00:35+	00:47-	00:00=	00:20#	00:08+	00:13#	00:08+	00:03+	00:01-	
3	Kim Gottlieb	1	56:22																	
07:49+	09:35+	11:24+	12:49+	15:08-	17:15-	21:22-	25:18+	28:28+	31:27+	32:41+	40:33+	42:51+	44:45+	47:00+	49:28+	51:17+	54:04+	55:47+	56:22+	
07:49+	01:46+	01:49+	01:25+	02:19-	02:07-	04:07+	03:56+	03:10+	02:59+	01:14-	07:52+	02:18-	01:54+	02:15-	02:28+	01:49+	02:47+	01:43+	00:35=	
00:06+	00:06+	00:07+	00:09#	01:57-	01:10-	01:51&	02:41@	00:44&	01:33@	01:22-	01:02#	00:28-	00:30&	00:04-	00:43&	00:09+	00:32#	00:04+	00:00=	
4	Jens Ozol	10	1:02:50																	
08:29+	11:19+	13:10+	18:40+	20:27+	22:27+	24:02+	29:00+	32:42+	35:46+	37:08+	46:23+	48:43+	50:30+	52:56+	55:30+	57:38+	60:24+	62:13+	62:50+	
08:29+	02:50+	01:51+	05:30+	01:47-	02:00-	01:35-	04:58+	03:42+	03:04+	01:22-	09:15+	02:20-	01:47+	02:26+	02:34+	02:08+	02:46+	01:49+	00:37+	
00:46+	01:10&	00:09+	04:14@	02:29-	01:17-	00:41-	03:43@	01:16&	01:38@	01:14-	02:25&	00:26-	00:23&	00:07+	00:49&	00:28&	00:31#	00:10#	00:02+	
5	Erling Trankjær	2	1:05:50																	
08:50+	13:13+	16:29+	19:59+	22:31+	24:23+	27:02+	28:51+	32:08+	34:28+	38:18+	48:56+	51:26+	53:11+	55:57+	58:23+	60:16+	63:25+	65:16+	65:50+	
08:50+	04:23+	03:16+	03:30+	02:32-	01:52-	02:39+	01:49+	03:17+	02:20+	03:50+	10:38+	02:30-	01:45+	02:46+	02:26+	01:53+	03:09+	01:51+	00:34-	
01:07#	02:43@	01:34&	02:14@	01:44-	01:25-	00:23#	00:34&	00:51&	00:54&	01:14&	03:48&	00:16-	00:21#	00:27#	00:41&	00:13#	00:54&	00:12#	00:01-	
6	Morten Vium Ebbesen	11	1:06:29																	
09:27+	12:41+	14:26+	17:56+	19:43+	21:49+	23:39+	28:31+	32:54+	36:09+	37:38+	47:25+	50:23+	52:48+	56:00+	58:33+	60:51+	63:56+	65:58+	66:29+	
09:27+	03:14+	01:45+	03:30+	01:47-	02:06-	01:50-	04:52+	04:23+	03:15+	01:29-	09:47+	02:58+	02:25+	03:12+	02:33+	02:18+	03:05+	02:02+	00:31-	
01:44#	01:34&	00:03+	02:14@	02:29-	01:11-	00:26-	03:37@	01:57&	01:49@	01:07-	02:57&	00:12+	01:01&	00:53&	00:48&	00:38&	00:50&	00:23#	00:04-	
7	Poul Erik Bertelsen	1	1:10:29																	
08:08+	09:40+	11:20+	12:32+	17:34+	19:51-	23:47+	28:12+	30:45+	33:10+	41:08+	50:03+	53:41+	55:43+	57:05+	59:47+	62:20+	64:51+	67:45+	69:59+	70:29+
08:08+	01:32-	01:40-	01:12-	05:02+	02:17-	03:56+	04:25+	02:33+	02:25+	07:58+	08:55+	03:38+	02:02+	01:22-	02:42+	02:33+	02:31+	02:54+	02:14+	00:30+
00:25+	00:08-	00:02-	00:04-	00:46#	01:00-	01:40&	03:10@	00:07+	00:59&	05:22@	02:05&	00:52&	00:57-	00:57&	00:53&	00:16#	01:15&	01:39@	00:30+	
8	Rasmus K. B. Skovsgaard	11	1:11:49																	
07:46+	09:20-	11:14+	12:28+	18:13+	21:55+	25:46+	27:10+	30:28+	33:10+	39:27+	49:54+	52:35+	54:19+	58:47+	63:51+	66:28+	69:13+	71:10+	71:49+	
07:46+	01:34-	01:54+	01:14-	05:45+	03:42+	03:51+	01:24+	03:18+	02:42+	06:17+	10:27+	02:41-	01:44+	04:28+	05:04+	02:37+	02:45+	01:57+	00:39+	
00:03+	00:06-	00:12#	00:02-	01:29&	00:25#	01:35&	00:09#	00:52&	01:16&	03:41@	03:37&	00:05-	00:20#	02:09&	03:19@	00:57&	00:30#	00:18#	00:04#	
Beste stræktid for klassen																				
07:41	01:32	01:40	01:12	01:15	01:36	01:35	01:15	02:26	01:26	01:14	06:50	01:59	01:24	01:22	01:45	01:40	02:15	01:39	00:31	

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

7km

Class	Navn	Klasse																		Tid									
1	Jess Rasmussen	11																		59:31									
	07:28=	10:05=	13:08=	14:45=	17:03=	20:27=	23:08=	26:35=	30:20=	33:08=	37:00=	38:15=	45:34=	46:31=	47:31=	49:01=	51:18=	53:54=	55:13=	57:23=	59:01=	59:31=							
	07:28=	02:37=	03:03=	01:37=	02:18=	03:24=	02:41=	03:27=	03:45=	02:48=	03:52=	01:15=	07:19=	00:57=	01:00=	01:30=	02:17=	02:36=	01:19=	02:10=	01:38=	00:30=							
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=							
2	Kenn Heldgaard Kristensen	1																		1:05:42									
	07:43+	11:01+	14:42+	18:41+	22:25+	24:39+	27:13+	28:52+	32:56+	36:51+	39:13+	44:15+	52:02+	52:56+	54:04+	55:46+	58:22+	60:16+	61:29+	63:40+	65:11+	65:42+							
	07:43+	03:18+	03:41+	03:59+	03:44+	02:14-	02:34-	01:39-	04:04+	03:55+	02:22-	05:02+	07:47+	00:54-	01:08+	01:42+	02:36+	01:54-	01:13-	02:11+	01:31-	00:31+							
	00:15+	00:41&	00:38#	02:22@	01:26&	01:10-	00:07-	01:48-	00:19+	01:07&	01:30-	03:47@	00:28+	00:03-	00:08#	00:12#	00:19#	00:42-	00:06-	00:01+	00:07-	00:01+							
3	Lars Mikkelsen	1																		1:06:44									
	07:53+	09:18-	13:02-	16:16+	20:02+	23:50+	25:59+	28:25+	29:35-	32:28-	36:15-	37:55-	40:30-	47:58+	48:57+	50:01+	52:44+	55:33+	57:29+	62:08+	64:25+	66:04+	66:44+						
	07:53+	01:25-	03:44+	03:14+	03:46+	03:48+	02:09-	02:26-	01:10-	02:53+	03:47-	01:40+	02:35-	07:28+	00:59-	01:04-	02:43+	02:49+	01:56+	04:39+	02:17+	01:39+	00:40+						
	00:25+	01:12-	00:41#	01:37&	01:28&	00:24#	00:32-	01:01-	02:35-	00:05+	00:05-	00:25&	04:44-	06:31@	00:01-	00:26-	00:26#	00:13+	00:37&	02:29@	00:39&	01:09@	00:40+						
4	Jakob Gade	11																		1:08:18									
	07:59+	11:58+	14:46+	17:28+	19:30+	23:39+	26:55+	30:49+	35:22+	40:55+	43:06+	46:38+	54:11+	55:10+	56:44+	58:16+	60:33+	62:50+	64:14+	66:23+	67:51+	68:18+							
	07:59+	03:59+	02:48-	02:42+	02:02-	04:09+	03:16+	03:54+	04:33+	05:33+	02:11-	03:32+	07:33+	00:59+	01:34+	01:32+	02:17=	02:17-	01:24+	02:09-	01:28-	00:27-							
	00:31+	01:22&	00:15-	01:05&	00:16-	00:45#	00:35#	00:27#	00:48#	02:45&	01:41-	02:17@	00:14+	00:02+	00:34&	00:02+	00:00=	00:19-	00:05+	00:01-	00:10-	00:03-							
5	Anker Møller	10																		1:08:24									
	07:50+	11:30+	14:47+	18:45+	21:52+	26:46+	28:25+	31:30+	35:48+	38:40+	41:12+	42:24+	52:51+	54:38+	55:38+	57:50+	60:49+	62:45+	64:03+	66:20+	67:52+	68:24+							
	07:50+	03:40+	03:17+	03:58+	03:07+	04:54+	01:39-	03:05-	04:18+	02:52+	02:32-	01:12-	10:27+	01:47+	01:00=	02:12+	02:59+	01:56-	01:18-	02:17+	01:32-	00:32+							
	00:22+	01:03&	00:14+	02:21@	00:49&	01:30&	01:02-	00:22-	00:33#	00:04+	01:20-	00:03-	03:08&	00:50&	00:00=	00:42&	00:42&	00:40-	00:01-	00:07+	00:06-	00:02+							
6	Henrik Juhl	1																		1:08:30									
	07:53+	11:27+	14:50+	18:48+	21:50+	26:52+	28:31+	31:14+	35:40+	38:30+	41:03+	42:17+	49:37+	51:18+	54:08+	55:06+	56:25+	57:53+	60:40+	62:41+	64:09+	66:24+	67:58+	68:30+					
	07:53+	03:34+	03:23+	03:58+	03:02+	05:02+	01:39-	02:43-	04:26+	02:50+	02:33-	01:14-	07:20+	01:41+	02:50+	00:58-	01:19-	01:28-	02:47+	02:01-	01:28-	02:15+	01:34+	00:32+					
	00:25+	00:57&	00:20#	02:21@	00:44&	01:38&	01:02-	00:44-	00:41#	00:02+	01:19-	00:01-	00:01+	00:44&	01:50@	00:32-	00:58-	01:08-	01:28@	00:09-	00:10-	01:45@	01:34+	00:32+					
7	Søren Andersen	1																		1:10:28									
	08:13+	11:41+	15:12+	19:38+	24:06+	28:01+	29:53+	32:45+	38:30+	42:52+	45:55+	47:13+	55:09+	56:08+	57:17+	59:00+	61:36+	64:05+	65:48+	68:16+	69:55+	70:28+							
	08:13+	03:28+	03:31+	04:26+	04:28+	03:55+	01:52-	02:52-	05:45+	04:22+	03:03-	01:18+	07:56+	00:59+	01:09+	01:43+	02:36+	02:29-	01:43+	02:28+	01:39+	00:33+							
	00:45#	00:51&	00:28#	02:49@	02:10&	00:31#	00:49-	00:35-	02:00&	01:34&	00:49-	00:03+	00:37+	00:02+	00:09#	00:13#	00:19#	00:07-	00:24&	00:18#	00:01+	00:03+							
Beste stræktid for klassen																													
	07:28	01:25	02:48	01:37	02:02	02:14	01:39	01:39	01:10	02:48	02:11	01:12	02:35	00:54	00:59	00:58	01:19	01:28	01:13	02:01	01:28	00:27							

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.