

Plass Navn

Klasse

Tid

blå3km-11 poster

<b>1</b>	<b>Mona Nørgaard</b>	<b>OK Pan</b>	<b>41:25</b>								
03:14=	07:16=	13:08=	16:40=	19:21=	25:09=	27:54=	34:33=	36:01=	39:54=	41:05=	41:25=
03:14=	04:02=	05:52=	03:32=	02:41=	05:48=	02:45=	06:39=	01:28=	03:53=	01:11=	00:20=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Claus Faber</b>	<b>33</b>	<b>42:36</b>								
03:30+	10:58+	16:46+	19:14+	21:20+	26:33+	30:13+	35:38+	37:19+	41:04+	42:14+	42:36+
03:30+	07:28+	05:48-	02:28-	02:06-	05:13-	03:40+	05:25-	01:41+	03:45-	01:10-	00:22+
00:16+	03:26&	00:04-	01:04-	00:35-	00:35-	00:55&	01:14-	00:13#	00:08-	00:01-	00:02+
<b>3</b>	<b>Knud Sørensen</b>	<b>OK Pan</b>	<b>43:35</b>								
03:03-	07:49+	15:12+	21:13+	23:16+	28:22+	31:22+	37:07+	38:32+	42:00+	43:07+	43:35+
03:03-	04:46+	07:23+	06:01+	02:03-	05:06-	03:00+	05:45-	01:25-	03:28-	01:07-	00:28+
00:11-	00:44#	01:31&	02:29&	00:38-	00:42-	00:15+	00:54-	00:03-	00:25-	00:04-	00:08&
<b>4</b>	<b>Ulla Hooge</b>	<b>29</b>	<b>43:46</b>								
02:52-	07:12-	13:39+	16:07-	19:00-	27:36+	30:00+	37:14+	38:39+	42:10+	43:31+	43:46+
02:52-	04:20+	06:27+	02:28-	02:53+	08:36+	02:24-	07:14+	01:25-	03:31-	01:21+	00:15-
00:22-	00:18+	00:35+	01:04-	00:12+	02:48&	00:21-	00:35+	00:03-	00:22-	00:10#	00:05-
<b>5</b>	<b>Flemming Nørgaard</b>	<b>OK Pan</b>	<b>44:23</b>								
02:50-	08:49+	15:13+	21:38+	23:58+	29:05+	32:06+	37:49+	39:15+	42:49+	44:00+	44:23+
02:50-	05:59+	06:24+	06:25+	02:20-	05:07-	03:01+	05:43-	01:26-	03:34-	01:11=	00:23+
00:24-	01:57&	00:32+	02:53&	00:21-	00:41-	00:16+	00:56-	00:02-	00:19-	00:00=	00:03#
<b>6</b>	<b>Kirsten Nymann Petersen</b>	<b>29</b>	<b>44:32</b>								
03:01-	09:57+	16:23+	19:23+	21:39+	26:33+	30:32+	36:34+	38:18+	42:53+	44:12+	44:32+
03:01-	06:56+	06:26+	03:00-	02:16-	04:54-	03:59+	06:02-	01:44+	04:35+	01:19+	00:20=
00:13-	02:54&	00:34+	00:32-	00:25-	00:54-	01:14&	00:37-	00:16#	00:42#	00:08#	00:00=
<b>7</b>	<b>Rigmor Schou</b>	<b>14</b>	<b>45:43</b>								
04:06+	11:10+	17:06+	20:04+	23:15+	29:20+	32:09+	38:29+	40:05+	44:11+	45:19+	45:43+
04:06+	07:04+	05:56+	02:58-	03:11+	06:05+	02:49+	06:20-	01:36+	04:06+	01:08-	00:24+
00:52&	03:02&	00:04+	00:34-	00:30#	00:17+	00:04+	00:19-	00:08+	00:13+	00:03-	00:04#
<b>8</b>	<b>Kirsten Bobach</b>	<b>38</b>	<b>46:40</b>								
03:33+	09:07+	18:52+	18:13+	21:12+	27:18+	30:25+	37:10+	38:54+	44:20+	46:15+	46:40+
03:33+	05:34+	05:45-	03:21-	02:59+	06:06+	03:07+	06:45+	01:44+	05:26+	01:55+	00:25+
00:19+	01:32&	00:07-	00:11-	00:18#	00:18+	00:22#	00:06+	00:16#	01:33&	00:44&	00:05#
<b>9</b>	<b>Jane Thode Jensen</b>	<b>17</b>	<b>48:22</b>								
03:32+	09:02+	16:57+	20:38+	23:11+	30:29+	33:57+	39:49+	41:53+	46:37+	48:04+	48:22+
03:32+	05:30+	07:55+	03:41+	02:33-	07:18+	03:28+	05:52-	02:04+	04:44+	01:27+	00:18-
00:18+	01:28&	02:03&	00:09+	00:08-	01:30&	00:43&	00:47-	00:36&	00:51#	00:16#	00:02-
<b>10</b>	<b>Jørgen Thyssen</b>	<b>10</b>	<b>49:03</b>								
03:38+	08:21+	15:22+	19:18+	21:55+	28:21+	32:59+	39:35+	41:28+	46:28+	48:39+	49:03+
03:38+	04:43+	07:01+	03:56+	02:37-	06:26+	04:38+	06:36-	01:53+	05:00+	02:11+	00:24+
00:24#	00:41#	01:09#	00:24#	00:04-	00:38#	00:03-	00:03-	00:25&	01:07&	01:00&	00:04#
<b>11</b>	<b>Clive Allen</b>	<b>33</b>	<b>49:22</b>								
04:18+	08:34+	18:25+	21:43+	24:43+	30:26+	33:35+	40:29+	42:54+	47:39+	48:55+	49:22+
04:18+	04:16+	09:51+	03:18-	03:00+	05:43-	03:09+	06:54+	02:25+	04:45+	01:16+	00:27+
01:04&	00:14+	03:59&	00:14-	00:19#	00:05-	00:24#	00:15+	00:57&	00:52#	00:05+	00:07&
<b>12</b>	<b>Torben Jørgensen</b>	<b>33</b>	<b>51:53</b>								
04:35+	11:55+	20:36+	24:26+	27:31+	33:18+	36:00+	42:26+	44:25+	50:08+	51:29+	51:53+
04:35+	07:20+	08:41+	03:50+	03:05+	05:47-	02:42-	06:26-	01:59+	05:43+	01:21+	00:24+
01:21&	03:18&	02:49&	00:18+	00:24#	00:01-	00:03-	00:13-	00:31&	01:50&	00:10#	00:04#

Class	Navn	Klasse										Tid
<b>blå3km-11 poster</b>												
<b>13</b>	<b>Jørgen Stamp</b>	<b>19</b>										<b>52:05</b>
03:05-	07:04-	14:44+	17:54+	22:31+	31:29+	34:37+	42:48+	45:06+	50:10+	51:33+	52:05+	
03:05-	03:59-	07:40+	03:10-	04:37+	08:58+	03:08+	08:11+	02:18+	05:04+	01:23+	00:32+	
00:09-	00:03-	01:48&	00:22-	01:56&	03:10&	00:23#	01:32#	00:50&	01:11&	00:12#	00:12&	
<b>14</b>	<b>Randi Splittorff</b>	<b>35</b>										<b>52:54</b>
03:57+	09:46+	19:49+	23:13+	25:51+	32:36+	36:07+	42:32+	44:58+	51:18+	52:32+	52:54+	
03:57+	05:49+	10:03+	03:24+	02:38+	06:45+	03:31+	06:25+	02:26+	06:20+	01:14+	00:22+	
03:57+	05:49+	10:03+	03:24+	02:38+	06:45+	03:31+	06:25+	02:26+	06:20+	01:14+	00:22+	
<b>15</b>	<b>Birthe Helms</b>	<b>33</b>										<b>53:10</b>
04:14+	12:48+	19:13+	23:01+	25:41+	31:26+	36:04+	42:43+	44:44+	51:06+	52:48+	53:10+	
04:14+	08:34+	06:25+	03:48+	02:40+	05:45+	04:38+	06:39+	02:01+	06:22+	01:42+	00:22+	
04:14+	08:34+	06:25+	03:48+	02:40+	05:45+	04:38+	06:39+	02:01+	06:22+	01:42+	00:22+	
<b>16</b>	<b>Ove Splittorff</b>	<b>35</b>										<b>53:48</b>
07:41+	12:36+	22:58+	27:25+	29:33+	35:54+	39:08+	45:39+	47:26+	51:49+	53:24+	53:48+	
07:41+	04:55+	10:22+	04:27+	02:08+	06:21+	03:14+	06:31+	01:47+	04:23+	01:35+	00:24+	
07:41+	04:55+	10:22+	04:27+	02:08+	06:21+	03:14+	06:31+	01:47+	04:23+	01:35+	00:24+	
<b>17</b>	<b>Knud Erik Thomsen</b>	<b>35</b>										<b>54:03</b>
03:49+	08:53+	16:13+	23:21+	26:12+	32:29+	37:17+	43:53+	46:08+	52:07+	53:35+	54:03+	
03:49+	05:04+	07:20+	07:08+	02:51+	06:17+	04:48+	06:36+	02:15+	05:59+	01:28+	00:28+	
03:49+	05:04+	07:20+	07:08+	02:51+	06:17+	04:48+	06:36+	02:15+	05:59+	01:28+	00:28+	
<b>18</b>	<b>Ole Thy</b>	<b>RSOK</b>										<b>54:55</b>
03:23+	10:39+	17:28+	20:31+	22:59+	35:29+	38:13+	45:15+	47:02+	52:27+	54:26+	54:55+	
03:23+	07:16+	06:49+	03:03+	02:28+	12:30+	02:44+	07:02+	01:47+	05:25+	01:59+	00:29+	
03:23+	07:16+	06:49+	03:03+	02:28+	12:30+	02:44+	07:02+	01:47+	05:25+	01:59+	00:29+	
<b>19</b>	<b>Frank Linde</b>	<b>OK Pan</b>										<b>55:43</b>
04:46+	09:43+	17:20+	21:36+	25:09+	33:29+	37:19+	45:02+	47:12+	53:12+	55:05+	55:43+	
04:46+	04:57+	07:37+	04:16+	03:33+	08:20+	03:50+	07:43+	02:10+	06:00+	01:53+	00:38+	
04:46+	04:57+	07:37+	04:16+	03:33+	08:20+	03:50+	07:43+	02:10+	06:00+	01:53+	00:38+	
<b>20</b>	<b>Ingvar Braaten</b>	<b>12</b>										<b>55:48</b>
03:42+	09:50+	18:50+	22:22+	24:40+	32:41+	36:20+	45:30+	47:03+	52:42+	55:12+	55:48+	
03:42+	06:08+	09:00+	03:32+	02:18+	08:01+	03:39+	09:10+	01:33+	05:39+	02:30+	00:36+	
03:42+	06:08+	09:00+	03:32+	02:18+	08:01+	03:39+	09:10+	01:33+	05:39+	02:30+	00:36+	
<b>21</b>	<b>Vibeke Vogelius</b>	<b>33</b>										<b>56:03</b>
04:10+	10:28+	19:45+	23:41+	26:24+	35:09+	38:43+	46:17+	48:34+	54:03+	55:39+	56:03+	
04:10+	06:18+	09:17+	03:56+	02:43+	08:45+	03:34+	07:34+	02:17+	05:29+	01:36+	00:24+	
04:10+	06:18+	09:17+	03:56+	02:43+	08:45+	03:34+	07:34+	02:17+	05:29+	01:36+	00:24+	
<b>22</b>	<b>Olav Odgaard</b>	<b>19</b>										<b>56:42</b>
04:12+	09:52+	15:18+	19:08+	25:57+	33:38+	43:06+	49:29+	51:23+	55:03+	56:17+	56:42+	
04:12+	05:40+	05:26+	03:50+	06:49+	07:41+	09:28+	06:23+	01:54+	03:40+	01:14+	00:25+	
04:12+	05:40+	05:26+	03:50+	06:49+	07:41+	09:28+	06:23+	01:54+	03:40+	01:14+	00:25+	
<b>23</b>	<b>Susanne Gasbjerg</b>	<b>33</b>										<b>58:02</b>
05:06+	13:45+	20:11+	24:07+	27:46+	33:55+	41:52+	48:22+	50:24+	56:09+	57:37+	58:02+	
05:06+	08:39+	06:26+	03:56+	03:39+	06:09+	07:57+	06:30+	02:02+	05:45+	01:28+	00:25+	
05:06+	08:39+	06:26+	03:56+	03:39+	06:09+	07:57+	06:30+	02:02+	05:45+	01:28+	00:25+	
<b>24</b>	<b>Birthe Worm</b>	<b>1</b>										<b>58:35</b>
04:17+	11:45+	21:23+	24:48+	27:23+	38:26+	41:32+	49:38+	51:39+	56:43+	58:08+	58:35+	
04:17+	07:28+	09:38+	03:25+	02:35+	11:03+	03:06+	08:06+	02:01+	05:04+	01:25+	00:27+	
04:17+	07:28+	09:38+	03:25+	02:35+	11:03+	03:06+	08:06+	02:01+	05:04+	01:25+	00:27+	



Class	Navn	Klasse										Tid
-------	------	--------	--	--	--	--	--	--	--	--	--	-----

## blå3km-11 poster

**37 Lone Christensen 1 1:15:33**

04:17+ 16:50+ 25:10+ 29:31+ 32:43+ 46:46+ 53:09+ 62:34+ 66:06+ 72:44+ 74:52+ 75:33+  
 04:17+ 12:33+ 08:20+ 04:21+ 03:12+ 14:03+ 06:23+ 09:25+ 03:32+ 06:38+ 02:08+ 00:41+  
 04:17+ 12:33+ 08:20+ 04:21+ 03:12+ 14:03+ 06:23+ 09:25+ 03:32+ 06:38+ 02:08+ 00:41+

**38 Knud Vogelius 33 1:17:08**

04:21+ 12:29+ 19:56+ 26:41+ 30:08+ 37:48+ 44:33+ 66:21+ 69:05+ 75:04+ 76:40+ 77:08+  
 04:21+ 08:08+ 07:27+ 06:45+ 03:27+ 07:40+ 06:45+ 21:48+ 02:44+ 05:59+ 01:36+ 00:28+  
 04:21+ 08:08+ 07:27+ 06:45+ 03:27+ 07:40+ 06:45+ 21:48+ 02:44+ 05:59+ 01:36+ 00:28+

**39 Preben Eriksen 37 1:18:21**

04:24+ 10:53+ 18:35+ 23:12+ 26:33+ 35:46+ 58:15+ 67:00+ 70:06+ 76:09+ 77:47+ 78:21+  
 04:24+ 06:29+ 07:42+ 04:37+ 03:21+ 09:13+ 22:29+ 08:45+ 03:06+ 06:03+ 01:38+ 00:34+  
 04:24+ 06:29+ 07:42+ 04:37+ 03:21+ 09:13+ 22:29+ 08:45+ 03:06+ 06:03+ 01:38+ 00:34+

**40 Jørn Andreassen OK73 1:51:38**

05:38+ 25:42+ 33:24+ 38:49+ 61:27+ 79:02+ 89:43+ 98:15+ 101:56+ 108:50+ 110:59+ 111:38+  
 05:38+ 20:04+ 07:42+ 05:25+ 22:38+ 17:35+ 10:41+ 08:32+ 03:41+ 06:54+ 02:09+ 00:39+  
 05:38+ 20:04+ 07:42+ 05:25+ 22:38+ 17:35+ 10:41+ 08:32+ 03:41+ 06:54+ 02:09+ 00:39+

**41 Herluf Jensen 35 2:06:36**

06:22+ 29:30+ 39:15+ 72:42+ 76:00+ 85:16+ 102:39+ 113:04+ 116:07+ 124:00+ 125:53+ 126:36+  
 06:22+ 23:08+ 09:45+ 33:27+ 03:18+ 09:16+ 17:23+ 10:25+ 03:03+ 07:53+ 01:53+ 00:43+  
 06:22+ 23:08+ 09:45+ 33:27+ 03:18+ 09:16+ 17:23+ 10:25+ 03:03+ 07:53+ 01:53+ 00:43+

### Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## grøn2,5km-13 poster

**1 Lara Haikonen 6 17:41**

00:37= 02:54= 03:46= 05:15= 09:29= 10:50= 11:23= 12:28= 13:16= 14:00= 14:47= 16:51= 17:28= 17:41=  
 00:37= 02:17= 00:52= 01:29= 04:14= 01:21= 00:33= 01:05= 00:48= 00:44= 00:47= 02:04= 00:37= 00:13=  
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

**2 Kevin Haikonen 6 18:30**

00:37= 03:20+ 04:10+ 05:30+ 06:48- 07:58- 08:28- 14:19+ 14:55+ 15:35+ 17:32+ 18:11+ 18:30+  
 00:37= 02:43+ 00:50- 01:20- 01:18- 01:10- 00:30- 05:51+ 00:36- 00:40- 01:57+ 00:39- 00:19-  
 00:00= 00:26# 00:02- 00:09- 02:56- 00:11- 00:03- 04:46@ 00:12- 00:04- 01:10@ 01:25- 00:18-

**3 Sander Popp Bobach 38 21:13**

00:42+ 04:05+ 05:01+ 07:42+ 09:35+ 11:29+ 12:01+ 13:43+ 14:23+ 15:27+ 17:00+ 20:00+ 20:53+ 21:13+  
 00:42+ 03:23+ 00:56+ 02:41+ 01:53- 01:54+ 00:32- 01:42+ 00:40- 01:04+ 01:33+ 03:00+ 00:53+ 00:20+  
 00:05# 01:06& 00:04+ 01:12& 02:21- 00:33& 00:01- 00:37& 00:08- 00:20& 00:46& 00:56& 00:16& 00:07&

**4 Maja Traberg Nielsen 19 35:44**

00:52+ 04:34+ 05:58+ 09:15+ 18:33+ 21:23+ 22:08+ 24:02+ 25:56+ 27:18+ 29:00+ 34:23+ 35:24+ 35:44+  
 00:52+ 03:42+ 01:24+ 03:17+ 09:18+ 02:50+ 00:45+ 01:54+ 01:54+ 01:22+ 01:42+ 05:23+ 01:01+ 00:20+  
 00:15& 01:25& 00:32& 01:48@ 05:04@ 01:29@ 00:12& 00:49& 01:06@ 00:38& 00:55@ 03:19@ 00:24& 00:07&

**5 Bjørn Vang Bobach 38 49:10**

00:40+ 05:31+ 07:29+ 11:25+ 30:26+ 33:35+ 35:01+ 37:02+ 38:13+ 40:24+ 43:05+ 47:43+ 48:46+ 49:10+  
 00:40+ 04:51+ 01:58+ 03:56+ 19:01+ 03:09+ 01:26+ 02:01+ 01:11+ 02:11+ 02:41+ 04:38+ 01:03+ 00:24+  
 00:03+ 02:34@ 01:06@ 02:27@ 14:47@ 01:48@ 00:53@ 00:56& 00:23& 01:27@ 01:54@ 02:34@ 00:26& 00:11&

## grøn2,5km-13 poster

### Beste strekktid for klassen

00:37 02:17 00:50 01:20 01:18 01:10 00:30 01:05 00:36 00:40 00:47 00:39 00:19 00:13

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## gul4km-12 poster

### 1 Ingelise Baden 23 58:17

04:07= 07:09= 16:40= 23:39= 30:23= 33:46= 38:02= 41:43= 48:48= 50:35= 56:19= 57:50= 58:17=  
 04:07= 03:02= 09:31= 06:59= 06:44= 03:23= 04:16= 03:41= 07:05= 01:47= 05:44= 01:31= 00:27=  
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

### 2 Ole Rasmussen 13 59:48

02:16- 06:00- 13:13- 19:37- 27:25- 31:12- 35:49- 39:40- 47:54- 50:29- 57:24+ 59:24+ 59:48+  
 02:16- 03:44+ 07:13- 06:24- 07:48+ 03:47+ 04:37+ 03:51+ 08:14+ 02:35+ 06:55+ 02:00+ 00:24-  
 01:51- 00:42# 02:18- 00:35- 01:04# 00:24# 00:21+ 00:10+ 01:09# 00:48& 01:11# 00:29& 00:03-

### Beste strekktid for klassen

02:16 03:02 07:13 06:24 06:44 03:23 04:16 03:41 07:05 01:47 05:44 01:31 00:24

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## hvid3,5km-14 poster

### 1 Jonas Traberg Nielsen 19 35:17

00:38= 02:10= 03:56= 06:02= 08:32= 10:54= 15:02= 19:37= 25:40= 27:49= 28:55= 30:36= 33:50= 34:54= 35:17=  
 00:38= 01:32= 01:46= 02:06= 02:30= 02:22= 04:08= 04:35= 06:03= 02:09= 01:06= 01:41= 03:14= 01:04= 00:23=  
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

### 2 Helena Luxhøj 36 53:38

01:35+ 03:38+ 05:54+ 09:26+ 14:58+ 18:05+ 23:17+ 30:06+ 34:41+ 38:46+ 40:13+ 42:03+ 51:11+ 53:16+ 53:38+  
 01:35+ 02:03+ 02:16+ 03:32+ 05:32+ 03:07+ 05:12+ 06:49+ 04:35- 04:05+ 01:27+ 01:50+ 09:08+ 02:05+ 00:22-  
 00:57@ 00:31& 00:30& 01:26& 03:02@ 00:45& 01:04& 02:14& 01:28- 01:56& 00:21& 00:09+ 05:54@ 01:01& 00:01-

### 3 Anders Braaten 12 55:28

00:46+ 03:26+ 06:30+ 10:35+ 17:02+ 29:08+ 33:26+ 37:44+ 42:48+ 46:25+ 48:05+ 49:45+ 53:51+ 55:09+ 55:28+  
 00:46+ 02:40+ 03:04+ 04:05+ 06:27+ 12:06+ 04:18+ 04:18- 05:04- 03:37+ 01:40+ 01:40- 04:06+ 01:18+ 00:19-  
 00:08# 01:08& 01:18& 01:59& 03:57@ 09:44@ 00:10+ 00:17- 00:59- 01:28& 00:34& 00:01- 00:52& 00:14# 00:04-

### 4 Jens Toft Madsen 22 55:51

02:06+ 04:49+ 07:43+ 11:01+ 15:11+ 21:02+ 25:41+ 32:19+ 40:15+ 44:10+ 45:58+ 48:20+ 53:23+ 55:27+ 55:51+  
 02:06+ 02:43+ 02:54+ 03:18+ 04:10+ 05:51+ 04:39+ 06:38+ 07:56+ 03:55+ 01:48+ 02:22+ 05:03+ 02:04+ 00:24+  
 01:28@ 01:11& 01:08& 01:12& 01:40& 03:29@ 00:31# 02:03& 01:53& 01:46& 00:42& 00:41& 01:49& 01:00& 00:01+

### 5 Lilian Sørensen OK Pan 1:39:42

02:23+ 06:04+ 12:24+ 20:10+ 27:13+ 34:07+ 44:46+ 60:26+ 68:59+ 77:15+ 81:52+ 87:20+ 93:02+ 98:45+ 99:42+  
 02:23+ 03:41+ 06:20+ 07:46+ 07:03+ 06:54+ 10:39+ 15:40+ 08:33+ 08:16+ 04:37+ 05:28+ 05:42+ 05:43+ 00:57+  
 01:45@ 02:09@ 04:34@ 05:40@ 04:33@ 04:32@ 06:31@ 11:05@ 02:30& 06:07@ 03:31@ 03:47@ 02:28& 04:39@ 00:34@

### 6 Inger Munck 32 2:15:32

01:41+ 10:21+ 17:55+ 30:40+ 44:52+ 56:19+ 67:40+ 89:47+ 99:47+ 112:17+ 118:45+ 125:05+ 130:08+ 134:25+ 135:32+  
 01:41+ 08:40+ 07:34+ 12:45+ 14:12+ 11:27+ 11:21+ 22:07+ 10:00+ 12:30+ 06:28+ 06:20+ 05:03+ 04:17+ 01:07+  
 01:03@ 07:08@ 05:48@ 10:39@ 11:42@ 09:05@ 07:13@ 17:32@ 03:57& 10:21@ 05:22@ 04:39@ 01:49& 03:13@ 00:44@

## hvid3,5km-14 poster

<b>7</b>	<b>Marianne Quist</b>	<b>32</b>	<b>2:15:34</b>											
01:45+	10:25+	17:59+	30:44+	44:54+	56:22+	67:46+	89:56+	99:37+	112:23+	118:29+	125:12+	130:13+	134:29+	135:34+
01:45+	08:40+	07:34+	12:45+	14:10+	11:28+	11:24+	22:10+	09:41+	12:46+	06:06+	06:43+	05:01+	04:16+	01:05+
01:07@	07:08@	05:48@	10:39@	11:40@	09:06@	07:16@	17:35@	03:38@	10:37@	05:00@	05:02@	01:47&	03:12@	00:42@

### Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## sort4km-11 poster

<b>1</b>	<b>Rikke Kofoed</b>	<b>29</b>	<b>49:49</b>								
07:45=	09:26=	12:20=	17:19=	21:47=	32:34=	41:10=	43:28=	46:01=	48:32=	49:30=	49:49=
07:45=	01:41=	02:54=	04:59=	04:28=	10:47=	08:36=	02:18=	02:33=	02:31=	00:58=	00:19=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

<b>2</b>	<b>Kurt Finn Petersen</b>	<b>7</b>	<b>51:13</b>								
06:24-	08:30-	14:12+	20:00+	25:03+	34:08+	41:38+	44:09+	46:51+	49:44+	50:50+	51:13+
06:24-	02:06+	05:42+	05:48+	05:03+	09:05-	07:30-	02:31+	02:42+	02:53+	01:06+	00:23+
01:21-	00:25#	02:48&	00:49#	00:35#	01:42-	01:06-	00:13+	00:09+	00:22#	00:08#	00:04#

<b>3</b>	<b>Nina Haikonen</b>	<b>6</b>	<b>51:51</b>								
06:59-	08:48-	14:21+	20:02+	25:23+	36:44+	43:54+	45:54+	48:18+	50:45+	51:35+	51:51+
06:59-	01:49+	05:33+	05:41+	05:21+	11:21+	07:10-	02:00-	02:24-	02:27-	00:50-	00:16-
00:46-	00:08+	02:39&	00:42#	00:53#	00:34+	01:26-	00:18-	00:09-	00:04-	00:08-	00:03-

<b>4</b>	<b>Knud Fjordvald</b>	<b>33</b>	<b>52:58</b>								
05:08-	07:04-	10:27-	20:50+	26:45+	36:52+	43:51+	46:16+	49:13+	51:41+	52:38+	52:58+
05:08-	01:56+	03:23+	10:23+	05:55+	10:07-	06:59-	02:25+	02:57+	02:28-	00:57-	00:20+
02:37-	00:15#	00:29#	05:24@	01:27&	00:40-	01:37-	00:07+	00:24#	00:03-	00:01-	00:01+

<b>5</b>	<b>Poul Bobach</b>	<b>38</b>	<b>53:48</b>								
07:27-	09:31+	12:45+	19:07+	24:24+	35:28+	44:05+	46:41+	49:18+	52:18+	53:29+	53:48+
07:27-	02:04+	03:14+	06:22+	05:17+	11:04+	08:37+	02:36+	02:37+	03:00+	01:11+	00:19=
00:18-	00:23#	00:20#	01:23&	00:49#	00:17+	00:01+	00:18#	00:04+	00:29#	00:13#	00:00=

<b>6</b>	<b>Pernille Spangsberg</b>	<b>19</b>	<b>54:03</b>								
08:07+	09:32+	12:06-	18:23+	23:33+	33:18+	46:01+	48:05+	50:15+	52:45+	53:41+	54:03+
08:07+	01:25-	02:34-	06:17+	05:10+	09:45-	12:43+	02:04-	02:10-	02:30-	00:56-	00:22+
00:22+	00:16-	00:20-	01:18&	00:42#	01:02-	04:07&	00:14-	00:23-	00:01-	00:02-	00:03#

<b>7</b>	<b>Guri Alm</b>	<b>23</b>	<b>54:07</b>								
07:23-	09:08-	12:55+	18:44+	25:32+	36:37+	43:51+	46:18+	50:05+	52:42+	53:48+	54:07+
07:23-	01:45+	03:47+	05:49+	06:48+	11:05+	07:14-	02:27+	03:47+	02:37+	01:06+	00:19=
00:22-	00:04+	00:53&	00:50#	02:20&	00:18+	01:22-	00:09+	01:14&	00:06+	00:08#	00:00=

<b>8</b>	<b>Erik Ljungdahl</b>	<b>8</b>	<b>54:47</b>								
07:38-	10:00+	13:59+	20:32+	25:38+	35:59+	44:56+	47:34+	50:16+	53:14+	54:31+	54:47+
07:38-	02:22+	03:59+	06:33+	05:06+	10:21-	08:57+	02:38+	02:42+	02:58+	01:17+	00:16-
00:07-	00:41&	01:05&	01:34&	00:38#	00:26-	00:21+	00:20#	00:09+	00:27#	00:19&	00:03-

<b>9</b>	<b>Ole Bernth Jensen</b>	<b>17</b>	<b>54:49</b>								
06:20-	08:29-	12:05-	18:03+	23:02+	32:48+	44:05+	46:34+	49:49+	53:10+	54:30+	54:49+
06:20-	02:09+	03:36+	05:58+	04:59+	09:46-	11:17+	02:29+	03:15+	03:21+	01:20+	00:19=
01:25-	00:28&	00:42#	00:59#	00:31#	01:01-	02:41&	00:11+	00:42&	00:50&	00:22&	00:00=

Class	Navn	Klasse										Tid
<b>sort4km-11 poster</b>												
<b>10</b>	<b>Erik Damgaard</b>	<b>7</b>										<b>55:17</b>
08:20+	11:38+	14:17+	19:21+	23:42+	37:01+	46:46+	49:07+	51:24+	54:06+	54:59+	55:17+	
08:20+	03:18+	02:39-	05:04+	04:21-	13:19+	09:45+	02:21+	02:17-	02:42+	00:53-	00:18-	
00:35+	01:37&	00:15-	00:05+	00:07-	02:32#	01:09#	00:03+	00:16-	00:11+	00:05-	00:01-	
<b>11</b>	<b>Ayoe Berg</b>	<b>19</b>										<b>56:02</b>
05:53+	09:14+	14:58+	20:40+	27:42+	38:55+	45:34+	48:13+	51:55+	54:34+	55:44+	56:02+	
05:53+	03:21+	05:44+	05:42+	07:02+	11:13+	06:39+	02:39+	03:42+	02:39+	01:10+	00:18+	
05:53+	03:21+	05:44+	05:42+	07:02+	11:13+	06:39+	02:39+	03:42+	02:39+	01:10+	00:18+	
<b>12</b>	<b>Søren Elkjær</b>	<b>37</b>										<b>57:22</b>
04:42+	06:22+	09:19+	26:34+	30:40+	39:31+	48:30+	50:30+	53:04+	56:01+	57:02+	57:22+	
04:42+	01:40+	02:57+	17:15+	04:06+	08:51+	08:59+	02:00+	02:34+	02:57+	01:01+	00:20+	
04:42+	01:40+	02:57+	17:15+	04:06+	08:51+	08:59+	02:00+	02:34+	02:57+	01:01+	00:20+	
<b>13</b>	<b>Jørgen Münster-Swendsen</b>	<b>33</b>										<b>57:53</b>
06:27+	08:16+	14:18+	20:00+	24:07+	39:48+	48:42+	50:59+	53:42+	56:28+	57:33+	57:53+	
06:27+	01:49+	06:02+	05:42+	04:07+	15:41+	08:54+	02:17+	02:43+	02:46+	01:05+	00:20+	
06:27+	01:49+	06:02+	05:42+	04:07+	15:41+	08:54+	02:17+	02:43+	02:46+	01:05+	00:20+	
<b>14</b>	<b>Anders Harfot</b>	<b>10</b>										<b>58:18</b>
09:06+	10:52+	14:26+	19:39+	25:15+	34:55+	45:00+	47:07+	53:45+	57:05+	57:59+	58:18+	
09:06+	01:46+	03:34+	05:13+	05:36+	09:40+	10:05+	02:07+	06:38+	03:20+	00:54+	00:19+	
09:06+	01:46+	03:34+	05:13+	05:36+	09:40+	10:05+	02:07+	06:38+	03:20+	00:54+	00:19+	
<b>15</b>	<b>Berit Harfot</b>	<b>10</b>										<b>58:31</b>
07:39+	09:31+	16:06+	21:13+	27:21+	36:59+	46:44+	48:52+	54:45+	57:12+	58:11+	58:31+	
07:39+	01:52+	06:35+	05:07+	06:08+	09:38+	09:45+	02:08+	05:53+	02:27+	00:59+	00:20+	
07:39+	01:52+	06:35+	05:07+	06:08+	09:38+	09:45+	02:08+	05:53+	02:27+	00:59+	00:20+	
<b>16</b>	<b>Niels Hamborg Jensen</b>	<b>25</b>										<b>1:02:49</b>
06:37+	09:24+	18:48+	24:36+	30:29+	44:23+	52:30+	55:03+	58:29+	61:20+	62:28+	62:49+	
06:37+	02:47+	09:24+	05:48+	05:53+	13:54+	08:07+	02:33+	03:26+	02:51+	01:08+	00:21+	
06:37+	02:47+	09:24+	05:48+	05:53+	13:54+	08:07+	02:33+	03:26+	02:51+	01:08+	00:21+	
<b>17</b>	<b>Niels Conradsen</b>	<b>36</b>										<b>1:09:16</b>
08:25+	11:38+	16:12+	24:29+	34:34+	46:19+	56:26+	59:28+	62:32+	66:22+	68:54+	69:16+	
08:25+	03:13+	04:34+	08:17+	10:05+	11:45+	10:07+	03:02+	03:04+	03:50+	02:32+	00:22+	
08:25+	03:13+	04:34+	08:17+	10:05+	11:45+	10:07+	03:02+	03:04+	03:50+	02:32+	00:22+	
<b>18</b>	<b>Tove Straarup</b>	<b>10</b>										<b>1:11:27</b>
08:02+	10:23+	20:50+	27:30+	34:02+	47:39+	57:28+	60:25+	64:54+	69:35+	71:02+	71:27+	
08:02+	02:21+	10:27+	06:40+	06:32+	13:37+	09:49+	02:57+	04:29+	04:41+	01:27+	00:25+	
08:02+	02:21+	10:27+	06:40+	06:32+	13:37+	09:49+	02:57+	04:29+	04:41+	01:27+	00:25+	
<b>19</b>	<b>Susanne Baun</b>	<b>10</b>										<b>1:13:53</b>
08:23+	11:37+	24:03+	33:44+	41:12+	54:55+	62:43+	65:42+	69:07+	72:23+	73:30+	73:53+	
08:23+	03:14+	12:26+	09:41+	07:28+	13:43+	07:48+	02:59+	03:25+	03:16+	01:07+	00:23+	
08:23+	03:14+	12:26+	09:41+	07:28+	13:43+	07:48+	02:59+	03:25+	03:16+	01:07+	00:23+	
<b>20</b>	<b>Hans Christian Strib</b>	<b>22</b>										<b>1:14:08</b>
09:33+	11:39+	16:21+	25:36+	42:45+	54:52+	63:00+	65:51+	69:05+	72:30+	73:46+	74:08+	
09:33+	02:06+	04:42+	09:15+	17:09+	12:07+	08:08+	02:51+	03:14+	03:25+	01:16+	00:22+	
09:33+	02:06+	04:42+	09:15+	17:09+	12:07+	08:08+	02:51+	03:14+	03:25+	01:16+	00:22+	
<b>21</b>	<b>Poul Nøhr</b>	<b>33</b>										<b>1:14:41</b>
15:37+	18:55+	23:33+	32:05+	39:25+	54:28+	63:10+	65:53+	69:35+	73:07+	74:20+	74:41+	
15:37+	03:18+	04:38+	08:32+	07:20+	15:03+	08:42+	02:43+	03:42+	03:32+	01:13+	00:21+	
15:37+	03:18+	04:38+	08:32+	07:20+	15:03+	08:42+	02:43+	03:42+	03:32+	01:13+	00:21+	

### sort4km-11 poster

**22 Holger Mikkelsen 19 1:15:13**

09:02+	17:20+	21:30+	31:53+	38:27+	52:03+	62:07+	65:18+	68:49+	73:07+	74:40+	75:13+
09:02+	08:18+	04:10+	10:23+	06:34+	13:36+	10:04+	03:11+	03:31+	04:18+	01:33+	00:33+
09:02+	08:18+	04:10+	10:23+	06:34+	13:36+	10:04+	03:11+	03:31+	04:18+	01:33+	00:33+

**23 Lone Marianne Jensen 17 1:17:06**

12:36+	15:18+	20:18+	30:03+	36:58+	53:53+	64:24+	67:36+	70:58+	75:11+	76:35+	77:06+
12:36+	02:42+	05:00+	09:45+	06:55+	16:55+	10:31+	03:12+	03:22+	04:13+	01:24+	00:31+
12:36+	02:42+	05:00+	09:45+	06:55+	16:55+	10:31+	03:12+	03:22+	04:13+	01:24+	00:31+

**24 Tage Baun 10 1:20:23**

10:05+	14:13+	19:55+	31:48+	38:26+	53:10+	66:25+	69:50+	73:35+	78:08+	79:53+	80:23+
10:05+	04:08+	05:42+	11:53+	06:38+	14:44+	13:15+	03:25+	03:45+	04:33+	01:45+	00:30+
10:05+	04:08+	05:42+	11:53+	06:38+	14:44+	13:15+	03:25+	03:45+	04:33+	01:45+	00:30+

**25 Lene Kofoed Petersen 10 1:21:28**

13:22+	16:13+	21:19+	31:39+	38:28+	55:02+	65:30+	68:53+	72:11+	79:46+	81:04+	81:28+
13:22+	02:51+	05:06+	10:20+	06:49+	16:34+	10:28+	03:23+	03:18+	07:35+	01:18+	00:24+
13:22+	02:51+	05:06+	10:20+	06:49+	16:34+	10:28+	03:23+	03:18+	07:35+	01:18+	00:24+

**26 Rasmus Møller 31 1:21:38**

11:06+	20:34+	25:52+	39:18+	54:20+	66:26+	73:43+	76:06+	78:20+	80:41+	81:24+	81:38+
11:06+	09:28+	05:18+	13:26+	15:02+	12:06+	07:17+	02:23+	02:14+	02:21+	00:43+	00:14+
11:06+	09:28+	05:18+	13:26+	15:02+	12:06+	07:17+	02:23+	02:14+	02:21+	00:43+	00:14+

**27 Anja Toft Mikkelsen 36 1:22:43**

09:20+	16:36+	23:42+	34:40+	46:03+	59:29+	70:00+	73:17+	77:03+	81:01+	82:19+	82:43+
09:20+	07:16+	07:06+	10:58+	11:23+	13:26+	10:31+	03:17+	03:46+	03:58+	01:18+	00:24+
09:20+	07:16+	07:06+	10:58+	11:23+	13:26+	10:31+	03:17+	03:46+	03:58+	01:18+	00:24+

**28 Sven Spangsberg 19 1:23:00**

08:01+	23:18+	27:09+	34:58+	46:36+	58:48+	69:39+	72:46+	77:23+	81:05+	82:30+	83:00+
08:01+	15:17+	03:51+	07:49+	11:38+	12:12+	10:51+	03:07+	04:37+	03:42+	01:25+	00:30+
08:01+	15:17+	03:51+	07:49+	11:38+	12:12+	10:51+	03:07+	04:37+	03:42+	01:25+	00:30+

**29 Thomas Søes 4 1:30:57**

18:45+	21:15+	34:16+	45:46+	52:43+	66:59+	76:56+	80:20+	83:55+	88:36+	90:20+	90:57+
18:45+	02:30+	13:01+	11:30+	06:57+	14:16+	09:57+	03:24+	03:35+	04:41+	01:44+	00:37+
18:45+	02:30+	13:01+	11:30+	06:57+	14:16+	09:57+	03:24+	03:35+	04:41+	01:44+	00:37+

**30 Bente Pedersen 20 1:36:26**

10:10+	13:09+	25:02+	35:42+	58:15+	72:27+	83:16+	86:25+	90:14+	94:48+	96:04+	96:26+
10:10+	02:59+	11:53+	10:40+	22:33+	14:12+	10:49+	03:09+	03:49+	04:34+	01:16+	00:22+
10:10+	02:59+	11:53+	10:40+	22:33+	14:12+	10:49+	03:09+	03:49+	04:34+	01:16+	00:22+

### Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

### sort5km-11 poster

**1 Kristian Traberg Larsen 19 53:29**

10:03=	12:34=	23:19=	24:34=	29:20=	38:28=	39:32=	44:26=	50:08=	52:26=	53:16=	53:29=
10:03=	02:31=	10:45=	01:15=	04:46=	09:08=	01:04=	04:54=	05:42=	02:18=	00:50=	00:13=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=



Class	Navn	Klasse										Tid
<b>sort5km-11 poster</b>												
<b>2</b>	<b>Esben Fyhn Nilsen</b>	<b>34</b>										<b>54:05</b>
	04:54-	06:54-	19:27-	20:57-	26:52-	37:32-	39:16-	43:29-	49:45-	52:57+	53:47+	54:05+
	04:54-	02:00-	12:33+	01:30+	05:55+	10:40+	01:44+	04:13-	06:16+	03:12+	00:50=	00:18+
	05:09-	00:31-	01:48#	00:15#	01:09#	01:32#	00:40&	00:41-	00:34+	00:54&	00:00=	00:05&
<b>3</b>	<b>Klavs Madsen</b>	<b>19</b>										<b>55:39</b>
	03:51+	06:15+	20:18+	22:11+	32:44+	42:43+	44:08+	47:37+	52:07+	54:30+	55:14+	55:39+
	03:51+	02:24+	14:03+	01:53+	10:33+	09:59+	01:25+	03:29+	04:30+	02:23+	00:44+	00:25+
	03:51+	02:24+	14:03+	01:53+	10:33+	09:59+	01:25+	03:29+	04:30+	02:23+	00:44+	00:25+
<b>4</b>	<b>Søren Dall</b>	<b>23</b>										<b>56:15</b>
	05:58+	07:57+	21:35+	23:18+	28:47+	37:42+	39:23+	43:41+	51:37+	54:52+	55:55+	56:15+
	05:58+	01:59+	13:38+	01:43+	05:29+	08:55+	01:41+	04:18+	07:56+	03:15+	01:03+	00:20+
	05:58+	01:59+	13:38+	01:43+	05:29+	08:55+	01:41+	04:18+	07:56+	03:15+	01:03+	00:20+
<b>5</b>	<b>Steen Oxfeldt</b>	<b>24</b>										<b>57:26</b>
	06:29+	08:52+	23:44+	25:12+	31:19+	41:05+	42:43+	47:00+	53:04+	56:12+	57:09+	57:26+
	06:29+	02:23+	14:52+	01:28+	06:07+	09:46+	01:38+	04:17+	06:04+	03:08+	00:57+	00:17+
	06:29+	02:23+	14:52+	01:28+	06:07+	09:46+	01:38+	04:17+	06:04+	03:08+	00:57+	00:17+
<b>6</b>	<b>Tommy Iversen</b>	<b>19</b>										<b>58:58</b>
	11:05+	13:15+	24:44+	26:12+	32:02+	41:05+	43:21+	49:19+	55:06+	57:45+	58:41+	58:58+
	11:05+	02:10+	11:29+	01:28+	05:50+	09:03+	02:16+	05:58+	05:47+	02:39+	00:56+	00:17+
	11:05+	02:10+	11:29+	01:28+	05:50+	09:03+	02:16+	05:58+	05:47+	02:39+	00:56+	00:17+
<b>7</b>	<b>Børge Pedersen</b>	<b>19</b>										<b>1:00:00</b>
	05:31+	07:50+	21:22+	22:51+	29:25+	41:19+	43:01+	47:07+	53:22+	58:41+	59:44+	60:00+
	05:31+	02:19+	13:32+	01:29+	06:34+	11:54+	01:42+	04:06+	06:15+	05:19+	01:03+	00:16+
	05:31+	02:19+	13:32+	01:29+	06:34+	11:54+	01:42+	04:06+	06:15+	05:19+	01:03+	00:16+
<b>8</b>	<b>Peter H Juhl</b>	<b>23</b>										<b>1:00:08</b>
	04:31+	07:50+	23:20+	24:45+	31:29+	43:14+	45:04+	48:55+	55:47+	58:46+	59:46+	60:08+
	04:31+	03:19+	15:30+	01:25+	06:44+	11:45+	01:50+	03:51+	06:52+	02:59+	01:00+	00:22+
	04:31+	03:19+	15:30+	01:25+	06:44+	11:45+	01:50+	03:51+	06:52+	02:59+	01:00+	00:22+
<b>9</b>	<b>Niels Rabølle</b>	<b>19</b>										<b>1:01:37</b>
	05:42+	07:45+	19:53+	23:05+	32:19+	44:10+	46:08+	50:01+	57:32+	60:30+	61:23+	61:37+
	05:42+	02:03+	12:08+	03:12+	09:14+	11:51+	01:58+	03:53+	07:31+	02:58+	00:53+	00:14+
	05:42+	02:03+	12:08+	03:12+	09:14+	11:51+	01:58+	03:53+	07:31+	02:58+	00:53+	00:14+
<b>10</b>	<b>Arne Bertelsen</b>	<b>23</b>										<b>1:01:43</b>
	05:01+	07:29+	29:02+	30:39+	35:22+	45:21+	46:51+	50:50+	57:52+	60:25+	61:28+	61:43+
	05:01+	02:28+	21:33+	01:37+	04:43+	09:59+	01:30+	03:59+	07:02+	02:33+	01:03+	00:15+
	05:01+	02:28+	21:33+	01:37+	04:43+	09:59+	01:30+	03:59+	07:02+	02:33+	01:03+	00:15+
<b>11</b>	<b>Peer Straarup</b>	<b>10</b>										<b>1:03:54</b>
	04:50+	07:00+	22:20+	24:09+	30:52+	45:08+	47:40+	52:39+	59:08+	62:33+	63:32+	63:54+
	04:50+	02:10+	15:20+	01:49+	06:43+	14:16+	02:32+	04:59+	06:29+	03:25+	00:59+	00:22+
	04:50+	02:10+	15:20+	01:49+	06:43+	14:16+	02:32+	04:59+	06:29+	03:25+	00:59+	00:22+
<b>12</b>	<b>Leif Rønn Olsen</b>	<b>9</b>										<b>1:06:08</b>
	06:36+	09:29+	23:59+	26:22+	33:37+	47:47+	49:44+	54:19+	60:59+	64:42+	65:44+	66:08+
	06:36+	02:53+	14:30+	02:23+	07:15+	14:10+	01:57+	04:35+	06:40+	03:43+	01:02+	00:24+
	06:36+	02:53+	14:30+	02:23+	07:15+	14:10+	01:57+	04:35+	06:40+	03:43+	01:02+	00:24+
<b>13</b>	<b>Steen Vestergaard</b>	<b>19</b>										<b>1:07:16</b>
	04:33+	06:38+	24:58+	26:10+	32:29+	45:43+	51:12+	56:19+	62:57+	66:04+	66:59+	67:16+
	04:33+	02:05+	18:20+	01:12+	06:19+	13:14+	05:29+	05:07+	06:38+	03:07+	00:55+	00:17+
	04:33+	02:05+	18:20+	01:12+	06:19+	13:14+	05:29+	05:07+	06:38+	03:07+	00:55+	00:17+

Class	Navn	Klasse										Tid
<b>sort5km-11 poster</b>												
<b>14</b>	<b>Britt Hermanrud</b>	<b>33</b>										<b>1:07:47</b>
	05:45+	08:23+	30:11+	31:55+	38:27+	49:57+	51:38+	56:05+	62:38+	66:12+	67:24+	67:47+
	05:45+	02:38+	21:48+	01:44+	06:32+	11:30+	01:41+	04:27+	06:33+	03:34+	01:12+	00:23+
	05:45+	02:38+	21:48+	01:44+	06:32+	11:30+	01:41+	04:27+	06:33+	03:34+	01:12+	00:23+
<b>15</b>	<b>Merete Spangsberg Nielsen</b>	<b>19</b>										<b>1:08:12</b>
	01:54+	07:35+	13:12+	16:57+	17:44+	18:00+						
	01:54+	05:41+	05:37+	03:45+	00:47+	00:16+						
	01:54+	05:41+	05:37+	03:45+	00:47+	00:16+						
<b>16</b>	<b>Sven Madsen</b>	<b>21</b>										<b>1:09:03</b>
	08:48+	12:42+	27:28+	29:48+	37:27+	50:47+	53:11+	57:46+	63:43+	67:41+	68:41+	69:03+
	08:48+	03:54+	14:46+	02:20+	07:39+	13:20+	02:24+	04:35+	05:57+	03:58+	01:00+	00:22+
	08:48+	03:54+	14:46+	02:20+	07:39+	13:20+	02:24+	04:35+	05:57+	03:58+	01:00+	00:22+
<b>17</b>	<b>Ulrik Revsbech</b>	<b>20</b>										<b>1:09:14</b>
	04:01+	06:05+	26:45+	28:15+	34:25+	47:07+	53:17+	58:11+	64:45+	67:58+	68:55+	69:14+
	04:01+	02:04+	20:40+	01:30+	06:10+	12:42+	06:10+	04:54+	06:34+	03:13+	00:57+	00:19+
	04:01+	02:04+	20:40+	01:30+	06:10+	12:42+	06:10+	04:54+	06:34+	03:13+	00:57+	00:19+
<b>18</b>	<b>Søren Søgaard Nielsen</b>	<b>9</b>										<b>1:09:57</b>
	10:44+	13:26+	28:07+	30:37+	37:28+	51:14+	53:33+	58:29+	65:04+	68:37+	69:36+	69:57+
	10:44+	02:42+	14:41+	02:30+	06:51+	13:46+	02:19+	04:56+	06:35+	03:33+	00:59+	00:21+
	10:44+	02:42+	14:41+	02:30+	06:51+	13:46+	02:19+	04:56+	06:35+	03:33+	00:59+	00:21+
<b>19</b>	<b>Peder Stephansen</b>	<b>20</b>										<b>1:10:36</b>
	06:17+	08:45+	21:26+	22:51+	39:27+	50:49+	52:25+	59:13+	65:34+	69:03+	70:17+	70:36+
	06:17+	02:28+	12:41+	01:25+	16:36+	11:22+	01:36+	06:48+	06:21+	03:29+	01:14+	00:19+
	06:17+	02:28+	12:41+	01:25+	16:36+	11:22+	01:36+	06:48+	06:21+	03:29+	01:14+	00:19+
<b>20</b>	<b>Steen Frandsen</b>	<b>37</b>										<b>1:14:11</b>
	06:16+	11:30+	31:05+	32:56+	40:59+	54:05+	56:06+	62:13+	69:15+	72:38+	73:47+	74:11+
	06:16+	05:14+	19:35+	01:51+	08:03+	13:06+	02:01+	06:07+	07:02+	03:23+	01:09+	00:24+
	06:16+	05:14+	19:35+	01:51+	08:03+	13:06+	02:01+	06:07+	07:02+	03:23+	01:09+	00:24+
<b>21</b>	<b>Jørgen Jørgensen</b>	<b>33</b>										<b>1:14:39</b>
	07:04+	10:29+	27:14+	30:03+	40:39+	54:49+	56:44+	61:39+	69:02+	72:56+	74:11+	74:39+
	07:04+	03:25+	16:45+	02:49+	10:36+	14:10+	01:55+	04:55+	07:23+	03:54+	01:15+	00:28+
	07:04+	03:25+	16:45+	02:49+	10:36+	14:10+	01:55+	04:55+	07:23+	03:54+	01:15+	00:28+
<b>22</b>	<b>Carsten Helligsø</b>	<b>11</b>										<b>1:14:41</b>
	05:21+	07:43+	22:54+	25:18+	33:23+	56:03+	57:58+	63:00+	69:39+	73:16+	74:20+	74:41+
	05:21+	02:22+	15:11+	02:24+	08:05+	22:40+	01:55+	05:02+	06:39+	03:37+	01:04+	00:21+
	05:21+	02:22+	15:11+	02:24+	08:05+	22:40+	01:55+	05:02+	06:39+	03:37+	01:04+	00:21+
<b>24</b>	<b>Gerhard Jensen</b>	<b>19</b>										<b>1:16:22</b>
	06:51+	09:15+	31:09+	33:02+	41:46+	55:31+	57:42+	62:55+	70:22+	74:37+	75:56+	76:22+
	06:51+	02:24+	21:54+	01:53+	08:44+	13:45+	02:11+	05:13+	07:27+	04:15+	01:19+	00:26+
	06:51+	02:24+	21:54+	01:53+	08:44+	13:45+	02:11+	05:13+	07:27+	04:15+	01:19+	00:26+
<b>25</b>	<b>Jakob Holm</b>	<b>OK Pan</b>										<b>1:16:33</b>
	04:59+	07:57+	29:48+	32:07+	40:39+	53:37+	56:22+	62:03+	70:46+	75:00+	76:08+	76:33+
	04:59+	02:58+	21:51+	02:19+	08:32+	12:58+	02:45+	05:41+	08:43+	04:14+	01:08+	00:25+
	04:59+	02:58+	21:51+	02:19+	08:32+	12:58+	02:45+	05:41+	08:43+	04:14+	01:08+	00:25+
<b>26</b>	<b>Pia Kadziola</b>	<b>15</b>										<b>1:17:58</b>
	09:14+	12:08+	30:30+	32:46+	43:35+	56:27+	59:02+	65:20+	72:39+	76:28+	77:36+	77:58+
	09:14+	02:54+	18:22+	02:16+	10:49+	12:52+	02:35+	06:18+	07:19+	03:49+	01:08+	00:22+
	09:14+	02:54+	18:22+	02:16+	10:49+	12:52+	02:35+	06:18+	07:19+	03:49+	01:08+	00:22+

### sort5km-11 poster

**27 Eva Smedegaard Eland 27 1:18:52**

06:27+	09:28+	37:07+	38:55+	46:02+	57:25+	60:01+	65:35+	73:09+	77:13+	78:26+	78:52+
06:27+	03:01+	27:39+	01:48+	07:07+	11:23+	02:36+	05:34+	07:34+	04:04+	01:13+	00:26+
06:27+	03:01+	27:39+	01:48+	07:07+	11:23+	02:36+	05:34+	07:34+	04:04+	01:13+	00:26+

**28 Ole Gold 4 1:52:25**

07:45+	14:22+	67:59+	70:05+	77:42+	90:55+	93:05+	98:48+	106:44+	110:42+	111:54+	112:25+
07:45+	06:37+	53:37+	02:06+	07:37+	13:13+	02:10+	05:43+	07:56+	03:58+	01:12+	00:31+
07:45+	06:37+	53:37+	02:06+	07:37+	13:13+	02:10+	05:43+	07:56+	03:58+	01:12+	00:31+

### Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

### sort6km-13 poster

**1 Christoffer Vang Bobach 38 44:53**

04:35=	06:27=	15:23=	18:52=	20:41=	22:28=	26:16=	33:35=	38:32=	40:51=	42:17=	44:05=	44:42=	44:53=
04:35=	01:52=	08:56=	03:29=	01:49=	01:47=	03:48=	07:19=	04:57=	02:19=	01:26=	01:48=	00:37=	00:11=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

**2 Lars Munktvad 3 57:22**

04:54+	07:50+	18:36+	23:25+	26:13+	29:13+	33:40+	42:52+	48:43+	51:57+	53:42+	56:09+	57:03+	57:22+
04:54+	02:56+	10:46+	04:49+	02:48+	03:00+	04:27+	09:12+	05:51+	03:14+	01:45+	02:27+	00:54+	00:19+
00:19+	01:04&	01:50#	01:20&	00:59&	01:13&	00:39#	01:53&	00:54#	00:55&	00:19#	00:39&	00:17&	00:08&

**3 Pernille Sommer 29 1:09:09**

05:19+	10:37+	25:28+	31:43+	35:53+	38:02+	44:03+	54:25+	60:12+	63:34+	65:38+	67:55+	68:49+	69:09+
05:19+	05:18+	14:51+	06:15+	04:10+	02:09+	06:01+	10:22+	05:47+	03:22+	02:04+	02:17+	00:54+	00:20+
00:44#	03:26@	05:55&	02:46&	02:21@	00:22#	02:13&	03:03&	00:50#	01:03&	00:38&	00:29&	00:17&	00:09&

**4 Bjørn Sommer 1 1:10:26**

05:09+	07:51+	21:19+	30:40+	33:28+	36:42+	42:04+	53:57+	60:38+	64:34+	66:46+	69:20+	70:10+	70:26+
05:09+	02:42+	13:28+	09:21+	02:48+	03:14+	05:22+	11:53+	06:41+	03:56+	02:12+	02:34+	00:50+	00:16+
00:34#	00:50&	04:32&	05:52@	00:59&	01:27&	01:34&	04:34&	01:44&	01:37&	00:46&	00:46&	00:13&	00:05&

**5 Anders Edsen 1 1:13:13**

04:51+	11:09+	23:53+	35:44+	38:40+	41:12+	45:47+	56:38+	64:19+	67:43+	69:36+	71:59+	72:53+	73:13+
04:51+	06:18+	12:44+	11:51+	02:56+	02:32+	04:35+	10:51+	07:41+	03:24+	01:53+	02:23+	00:54+	00:20+
00:16+	04:26@	03:48&	08:22@	01:07&	00:45&	00:47#	03:32&	02:44&	01:05&	00:27&	00:35&	00:17&	00:09&

**7 Morten Christensen 9 1:26:42**

17:12+	19:18+	36:26+	42:43+	46:22+	49:30+	55:59+	66:57+	75:44+	79:39+	82:11+	85:19+	86:21+	86:42+
17:12+	02:06+	17:08+	06:17+	03:39+	03:08+	06:29+	10:58+	08:47+	03:55+	02:32+	03:08+	01:02+	00:21+
12:37@	00:14#	08:12&	02:48&	01:50@	01:21&	02:41&	03:39&	03:50&	01:36&	01:06&	01:20&	00:25&	00:10&

**8 Søren Sloth 5 1:28:23**

12:32+	17:27+	34:11+	44:06+	47:40+	53:49+	59:30+	70:02+	78:52+	82:06+	84:04+	87:03+	88:04+	88:23+
12:32+	04:55+	16:44+	09:55+	03:34+	06:09+	05:41+	10:32+	08:50+	03:14+	01:58+	02:59+	01:01+	00:19+
07:57@	03:03@	07:48&	06:26@	01:45&	04:22@	01:53&	03:13&	03:53&	00:55&	00:32&	01:11&	00:24&	00:08&

**9 Britta Ank Pedersen 10 1:29:51**

08:47+	11:18+	31:23+	40:39+	45:15+	49:57+	56:48+	71:23+	79:28+	83:22+	85:40+	88:36+	89:32+	89:51+
08:47+	02:31+	20:05+	09:16+	04:36+	04:42+	06:51+	14:35+	08:05+	03:54+	02:18+	02:56+	00:56+	00:19+
04:12&	00:39&	11:09@	05:47@	02:47@	02:55@	03:03&	07:16&	03:08&	01:35&	00:52&	01:08&	00:19&	00:08&

### sort6km-13 poster

**10 Jens Bentsen 29 1:32:37**

06:51+	10:42+	30:36+	38:41+	42:55+	45:58+	53:41+	69:12+	80:18+	84:27+	87:47+	90:47+	92:12+	92:37+
06:51+	03:51+	19:54+	08:05+	04:14+	03:03+	07:43+	15:31+	11:06+	04:09+	03:20+	03:00+	01:25+	00:25+
02:16&	01:59@	10:58@	04:36@	02:25@	01:16&	03:55@	08:12@	06:09@	01:50&	01:54@	01:12&	00:48@	00:14@

**11 Hans Jørgen Vad 10 1:35:54**

05:33+	08:04+	36:28+	42:20+	45:31+	49:08+	55:35+	67:18+	80:24+	84:39+	89:43+	94:36+	95:30+	95:54+
05:33+	02:31+	28:24+	05:52+	03:11+	03:37+	06:27+	11:43+	13:06+	04:15+	05:04+	04:53+	00:54+	00:24+
05:33+	02:31+	28:24+	05:52+	03:11+	03:37+	06:27+	11:43+	13:06+	04:15+	05:04+	04:53+	00:54+	00:24+

**12 Egon Sloth 39 1:37:32**

06:03+	08:25+	32:51+	39:55+	43:16+	47:03+	61:30+	80:16+	87:21+	90:46+	93:07+	96:06+	97:09+	97:32+
06:03+	02:22+	24:26+	07:04+	03:21+	03:47+	14:27+	18:46+	07:05+	03:25+	02:21+	02:59+	01:03+	00:23+
06:03+	02:22+	24:26+	07:04+	03:47+	14:27+	18:46+	07:05+	03:25+	02:21+	02:59+	01:03+	00:23+	

### Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

### sort7km-15 poster

**1 Kent Kragh OK Pan 59:39**

03:51=	05:06=	16:06=	19:57=	22:42=	25:17=	29:19=	39:31=	43:13=	45:17=	53:35=	54:59=	56:47=	58:47=	59:25=	59:39=
03:51=	01:15=	11:00=	03:51=	02:45=	02:35=	04:02=	10:12=	03:42=	02:04=	08:18=	01:24=	01:48=	02:00=	00:38=	00:14=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

**2 Flemming Schønning Rosenving@6 1:13:59**

05:07+	07:01+	20:54+	26:20+	29:27+	31:58+	37:37+	47:41+	54:14+	56:30+	66:11+	67:54+	70:15+	72:50+	73:40+	73:59+
05:07+	01:54+	13:53+	05:26+	03:07+	02:31-	05:39+	10:04-	06:33+	02:16+	09:41+	01:43+	02:21+	02:35+	00:50+	00:19+
01:16&	00:39&	02:53&	01:35&	00:22#	00:04-	01:37&	00:08-	02:51&	00:12+	01:23#	00:19#	00:33&	00:35&	00:12&	00:05&

**3 Christian Wennecke 18 1:49:31**

09:39+	12:04+	29:13+	36:14+	39:18+	41:28+	47:48+	60:45+	71:04+	74:30+	90:38+	92:46+	104:15+	108:10+	109:09+	109:31+
09:39+	02:25+	17:09+	07:01+	03:04+	02:10-	06:20+	12:57+	10:19+	03:26+	16:08+	02:08+	11:29+	03:55+	00:59+	00:22+
05:48@	01:10&	06:09&	03:10&	00:19#	00:25-	02:18&	02:45&	06:37@	01:22&	07:50&	00:44&	09:41@	01:55&	00:21&	00:08&

**4 Mette Møller Nielsen AKIF 1:52:54**

06:44+	08:47+	35:43+	43:30+	47:08+	50:19+	57:06+	71:42+	76:40+	83:53+	100:03+	102:55+	107:26+	111:22+	112:30+	112:54+
06:44+	02:03+	26:56+	07:47+	03:38+	03:11+	06:47+	14:36+	04:58+	07:13+	16:10+	02:52+	04:31+	03:56+	01:08+	00:24+
02:53&	00:48&	15:56@	03:56@	00:53&	00:36#	02:45&	04:24&	01:16&	05:09@	07:52&	01:28@	02:43@	01:56&	00:30&	00:10&

### Beste strekktid for klassen

03:51	01:15	11:00	03:51	02:45	02:10	04:02	10:04	03:42	02:04	08:18	01:24	01:48	02:00	00:38	00:14
-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

### sort9km- 18 poster

**1 Andreas Toft Mikkelsen 36 1:03:08**

02:53=	05:39=	14:52=	18:33=	19:45=	24:03=	25:11=	29:15=	30:08=	35:08=	41:29=	43:56=	45:32=	49:07=	58:10=	60:32=	62:21=	62:55=	63:08=
02:53=	02:46=	09:13=	03:41=	01:12=	04:18=	01:08=	04:04=	00:53=	05:00=	06:21=	02:27=	01:36=	03:35=	09:03=	02:22=	01:49=	00:34=	00:13=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

### sort9km- 18 poster

<b>2</b>	<b>Michael Sørensen</b>	<b>29</b>	<b>1:13:34</b>															
02:45-	04:23-	13:30-	20:55+	22:17+	26:55+	28:18+	33:44+	34:59+	43:20+	50:13+	52:46+	56:30+	59:41+	67:53+	70:46+	72:44+	73:20+	73:34+
02:45-	01:38-	09:07-	07:25+	01:22+	04:38+	01:23+	05:26+	01:15+	08:21+	06:53+	02:33+	03:44+	03:11-	08:12-	02:53+	01:58+	00:36+	00:14+
00:08-	01:08-	00:06-	03:44@	00:10#	00:20+	00:15#	01:22&	00:22&	03:21&	00:32+	00:06+	02:08@	00:24-	00:51-	00:31#	00:09+	00:02+	00:01+
<b>3</b>	<b>Christian Bertel Andersen</b>	<b>AKIF</b>	<b>1:28:30</b>															
03:45+	09:53+	20:35+	25:50+	27:25+	34:46+	36:43+	40:59+	42:21+	48:39+	56:32+	59:36+	61:40+	64:14+	82:27+	85:21+	87:37+	88:16+	88:30+
03:45+	06:08+	10:42+	05:15+	01:35+	07:21+	01:57+	04:16+	01:22+	06:18+	07:53+	03:04+	02:04+	02:34+	18:13+	02:54+	02:16+	00:39+	00:14+
03:45+	06:08+	10:42+	05:15+	01:35+	07:21+	01:57+	04:16+	01:22+	06:18+	07:53+	03:04+	02:04+	02:34+	18:13+	02:54+	02:16+	00:39+	00:14+
<b>4</b>	<b>Timo Haikonen</b>	<b>6</b>	<b>1:44:31</b>															
05:58+	07:15+	32:21+	37:38+	39:27+	45:38+	47:37+	54:10+	55:54+	62:50+	72:28+	76:34+	78:58+	82:58+	96:25+	100:10+	103:19+	104:15+	104:31+
05:58+	01:17+	25:06+	05:17+	01:49+	06:11+	01:59+	06:33+	01:44+	06:56+	09:38+	04:06+	02:24+	04:00+	13:27+	03:45+	03:09+	00:56+	00:16+
05:58+	01:17+	25:06+	05:17+	01:49+	06:11+	01:59+	06:33+	01:44+	06:56+	09:38+	04:06+	02:24+	04:00+	13:27+	03:45+	03:09+	00:56+	00:16+
<b>5</b>	<b>Jimmi Olsen</b>	<b>37</b>	<b>1:45:06</b>															
04:37+	09:08+	22:03+	27:33+	29:05+	48:23+	49:55+	61:15+	62:22+	68:22+	77:16+	80:34+	83:14+	87:05+	98:16+	101:28+	103:54+	104:46+	105:06+
04:37+	04:31+	12:55+	05:30+	01:32+	19:18+	01:32+	11:20+	01:07+	06:00+	08:54+	03:18+	02:40+	03:51+	11:11+	03:12+	02:26+	00:52+	00:20+
04:37+	04:31+	12:55+	05:30+	01:32+	19:18+	01:32+	11:20+	01:07+	06:00+	08:54+	03:18+	02:40+	03:51+	11:11+	03:12+	02:26+	00:52+	00:20+
<b>6</b>	<b>Jakob Q Christensen</b>	<b>19</b>	<b>1:46:04</b>															
05:17+	11:15+	27:11+	32:13+	33:52+	39:34+	41:25+	46:17+	49:21+	57:44+	66:18+	69:42+	81:26+	87:02+	98:10+	102:34+	104:59+	105:47+	106:04+
05:17+	05:58+	15:56+	05:02+	01:39+	05:42+	01:51+	04:52+	03:04+	08:23+	08:34+	03:24+	11:44+	05:36+	11:08+	04:24+	02:25+	00:48+	00:17+
05:17+	05:58+	15:56+	05:02+	01:39+	05:42+	01:51+	04:52+	03:04+	08:23+	08:34+	03:24+	11:44+	05:36+	11:08+	04:24+	02:25+	00:48+	00:17+
<b>7</b>	<b>Jes Mose Jensen</b>	<b>AKIF</b>	<b>1:50:12</b>															
05:40+	07:23+	27:14+	43:35+	45:29+	52:25+	56:08+	62:02+	63:30+	71:43+	82:51+	86:44+	89:09+	92:32+	103:36+	106:44+	109:10+	109:56+	110:12+
05:40+	01:43+	19:51+	16:21+	01:54+	06:56+	03:43+	05:54+	01:28+	08:13+	11:08+	03:53+	02:25+	03:23+	11:04+	03:08+	02:26+	00:46+	00:16+
05:40+	01:43+	19:51+	16:21+	01:54+	06:56+	03:43+	05:54+	01:28+	08:13+	11:08+	03:53+	02:25+	03:23+	11:04+	03:08+	02:26+	00:46+	00:16+
<b>8</b>	<b>Allan Reiche</b>	<b>28</b>	<b>1:56:41</b>															
06:43+	10:58+	25:14+	31:33+	33:34+	46:23+	48:26+	55:37+	57:18+	64:27+	76:09+	80:25+	83:10+	88:37+	101:24+	112:31+	115:27+	116:20+	116:41+
06:43+	04:15+	14:16+	06:19+	02:01+	12:49+	02:03+	07:11+	01:41+	07:09+	11:42+	04:16+	02:45+	05:27+	12:47+	11:07+	02:56+	00:53+	00:21+
06:43+	04:15+	14:16+	06:19+	02:01+	12:49+	02:03+	07:11+	01:41+	07:09+	11:42+	04:16+	02:45+	05:27+	12:47+	11:07+	02:56+	00:53+	00:21+
<b>9</b>	<b>Thorkild Jensen</b>	<b>31</b>	<b>1:57:27</b>															
04:00+	20:00+	30:42+	35:48+	37:42+	45:49+	47:49+	53:14+	56:31+	75:04+	85:25+	88:39+	93:04+	97:37+	110:49+	114:17+	116:28+	117:11+	117:27+
04:00+	16:00+	10:42+	05:06+	01:54+	08:07+	02:00+	05:25+	03:17+	18:33+	10:21+	03:14+	04:25+	04:33+	13:12+	03:28+	02:11+	00:43+	00:16+
04:00+	16:00+	10:42+	05:06+	01:54+	08:07+	02:00+	05:25+	03:17+	18:33+	10:21+	03:14+	04:25+	04:33+	13:12+	03:28+	02:11+	00:43+	00:16+
<b>10</b>	<b>Lau Sørensen</b>	<b>11</b>	<b>2:01:18</b>															
07:42+	11:37+	28:38+	37:39+	40:12+	48:44+	51:38+	59:20+	61:00+	69:36+	82:16+	86:51+	91:24+	95:30+	111:56+	116:08+	120:05+	120:54+	121:18+
07:42+	03:55+	17:01+	09:01+	02:33+	08:32+	02:54+	07:42+	01:40+	08:36+	12:40+	04:35+	04:33+	04:06+	16:26+	04:12+	03:57+	00:49+	00:24+
07:42+	03:55+	17:01+	09:01+	02:33+	08:32+	02:54+	07:42+	01:40+	08:36+	12:40+	04:35+	04:33+	04:06+	16:26+	04:12+	03:57+	00:49+	00:24+
<b>11</b>	<b>Marcel Rociak</b>	<b>NOTEAM</b>	<b>2:41:17</b>															
08:16+	13:17+	30:54+	43:39+	58:51+	64:50+	88:00+	93:44+	95:38+	105:26+	116:41+	123:28+	129:16+	134:29+	152:02+	156:30+	159:50+	160:57+	161:17+
08:16+	05:01+	17:37+	12:45+	15:12+	05:59+	23:10+	05:44+	01:54+	09:48+	11:15+	06:47+	05:48+	05:13+	17:33+	04:28+	03:20+	01:07+	00:20+
08:16+	05:01+	17:37+	12:45+	15:12+	05:59+	23:10+	05:44+	01:54+	09:48+	11:15+	06:47+	05:48+	05:13+	17:33+	04:28+	03:20+	01:07+	00:20+

### Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.