

Class	Navn	Klasse										Tid									
1	Michael Fischer	Aalborg Ok										55:08									
	02:57=	06:07=	11:08=	13:25=	15:14=	18:58=	22:39=	27:09=	28:46=	30:45=	32:21=	36:44=	39:35=	42:59=	44:21=	45:56=	49:46=	53:00=	54:50=	55:08=	
	02:57=	03:10=	05:01=	02:17=	01:49=	03:44=	03:41=	04:30=	01:37=	01:59=	01:36=	04:23=	02:51=	03:24=	01:22=	01:35=	03:50=	03:14=	01:50=	00:18=	
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Jens Ozol	Silkeborg Ok										56:21									
	03:15+	07:10+	09:03=	11:58=	13:55=	18:29=	22:21=	27:21+	29:40+	31:25+	33:13+	37:04+	40:14+	43:53+	45:36+	47:11+	51:10+	54:24+	56:02+	56:21+	
	03:15+	03:55+	01:53=	02:55+	01:57+	04:34+	03:52+	05:00+	02:19+	01:45=	01:48+	03:51=	03:10+	03:39+	01:43+	01:35=	03:59+	03:14=	01:38=	00:19+	
	00:18#	00:45#	03:08=	00:38&	00:08+	00:50#	00:11+	00:30#	00:42&	00:14=	00:12#	00:32=	00:19#	00:15+	00:21&	00:00=	00:09+	00:00=	00:12=	00:01+	
3	Keld Gade	Viborg Ok										59:59									
	03:04+	06:29+	11:52+	13:43+	16:14+	20:28+	22:57+	26:24=	28:30=	30:01=	32:03=	35:38=	39:43+	43:42+	46:16+	48:23+	51:32+	58:07+	59:38+	59:59+	
	03:04+	03:25+	05:23+	01:51=	02:31+	04:14+	02:29=	03:27=	02:06+	01:31=	02:02+	03:35=	04:05+	03:59+	02:34+	02:07+	03:09=	06:35+	01:31=	00:21+	
	00:07+	00:15+	00:22+	00:26=	00:42&	00:30#	01:12=	01:03=	00:29&	00:28=	00:26&	00:48=	01:14&	00:35#	01:12&	00:32&	00:41=	03:21@	00:19=	00:03#	
4	Anders Gammelvind	Vjok										1:03:58									
	05:02+	08:45+	11:16+	15:48+	17:40+	22:50+	27:00+	31:32+	34:05+	35:39+	37:48+	42:44+	46:23+	51:22+	53:10+	54:36+	58:18+	61:58+	63:38+	63:58+	
	05:02+	03:43+	02:31=	04:32+	01:52+	05:10+	04:10+	04:32+	02:33+	01:34=	02:09+	04:56+	03:39+	04:59+	01:48+	01:26=	03:42=	03:40+	01:40=	00:20+	
	02:05&	00:33#	02:30=	02:15&	00:03+	01:26&	00:29#	00:02+	00:56&	00:25=	00:33&	00:33#	00:48&	01:13&	00:26&	00:09=	00:08=	00:26#	00:10=	00:02#	
5	Lennart Bo Kristiansen	Viborg Ok										1:12:35									
	04:01+	08:18+	12:40+	17:10+	20:23+	28:10+	32:02+	35:05+	38:14+	40:23+	43:07+	47:43+	50:56+	54:57+	56:49+	60:18+	64:16+	69:39+	71:36+	72:13+	72:35+
	04:01+	04:17+	04:22=	04:30+	03:13+	07:47+	03:52+	03:03=	03:09+	02:09+	02:44+	04:36+	03:13+	04:01+	01:52+	03:29+	03:58+	05:23+	01:57+	00:37+	00:22+
	01:04&	01:07&	00:39=	02:13&	01:24&	04:03@	00:11+	01:27=	01:32&	00:10+	01:08&	00:13+	00:22#	00:37#	00:30&	01:54@	00:08+	02:09&	00:07+	00:19@	00:22+
Beste stræktid for klassen																					
	02:57	03:10	01:53	01:51	01:49	03:44	02:29	03:03	01:37	01:31	01:36	03:35	02:51	03:24	01:22	01:26	03:09	03:14	01:31	00:18	
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																					
Bane3																					
1	Knud Fjordvald	Silkeborg Ok										46:30									
	05:17=	09:31=	11:56=	14:21=	17:01=	21:10=	22:53=	26:28=	28:44=	32:09=	35:25=	37:18=	40:20=	42:47=	44:22=	46:10=	46:30=				
	05:17=	04:14=	02:25=	02:25=	02:40=	04:09=	01:43=	03:35=	02:16=	03:25=	03:16=	01:53=	03:02=	02:27=	01:35=	01:48=	00:20=				
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=				
2	Flemming Bindner	Aalborg Ok										49:42									
	06:57+	13:58+	15:45+	18:56+	20:35+	24:27+	25:58+	29:40+	31:56+	35:35+	38:46+	40:23+	43:45+	46:05+	47:35+	49:23+	49:42+				
	06:57+	07:01+	01:47=	03:11+	01:39=	03:52=	01:31=	03:42+	02:16=	03:39+	03:11=	01:37=	03:22+	02:20=	01:30=	01:48=	00:19=				
	01:40&	02:47&	00:38=	00:46&	01:01=	00:17=	00:12=	00:07+	00:00=	00:14+	00:05=	00:16=	00:20#	00:07=	00:05=	00:00=	00:01=				
3	Grethe Anæs	Viborg Ok										55:03									
	05:48+	10:59+	13:23+	15:59+	18:07+	24:00+	26:36+	31:01+	33:33+	37:10+	41:18+	42:55+	47:19+	50:11+	52:27+	54:40+	55:03+				
	05:48+	05:11+	02:24=	02:36+	02:08=	05:53+	02:36+	04:25+	02:32+	03:37+	04:08+	01:37=	04:24+	02:52+	02:16+	02:13+	00:23+				
	00:31+	00:57#	00:01=	00:11+	00:32=	01:44&	00:53&	00:50#	00:16#	00:12+	00:52&	00:16=	01:22&	00:25#	00:41&	00:25#	00:03#				
4	Steen Frandsen	Viborg Ok										56:19									
	05:49+	10:05+	12:04+	15:06+	17:05+	21:45+	23:39+	27:58+	31:26+	35:17+	42:07+	43:49+	48:24+	51:09+	53:17+	55:59+	56:19+				
	05:49+	04:16+	01:59=	03:02+	01:59=	04:40+	01:54+	04:19+	03:28+	03:51+	06:50+	01:42=	04:35+	02:45+	02:08+	02:42+	00:20=				
	00:32#	00:02+	00:26=	00:37&	00:41=	00:31#	00:11#	00:44#	01:12&	00:26#	03:34@	00:11=	01:33&	00:18#	00:33&	00:54&	00:00=				
5	Jon Nygaard Rahr	Silkeborg Ok										56:59									
	06:11+	11:37+	15:37+	18:09+	20:40+	25:42+	28:08+	32:12+	35:43+	39:36+	44:18+	46:39+	49:57+	52:28+	54:06+	56:34+	56:59+				
	06:11+	05:26+	04:00+	02:32+	02:31=	05:02+	02:26+	04:04+	03:31+	03:53+	04:42+	02:21+	03:18+	02:31+	01:38+	02:28+	00:25+				
	00:54#	01:12&	01:35&	00:07+	00:09=	00:53#	00:43&	00:29#	01:15&	00:28#	01:26&	00:28#	00:16+	00:04+	00:03+	00:40&	00:05#				
6	Rolf Duedahl Nielsen	Ok Djurs										58:23									
	06:33+	11:01+	14:22+	16:35+	22:53+	27:03+	28:52+	35:42+	38:59+	43:03+	46:51+	48:24+	51:25+	54:01+	56:05+	57:51+	58:23+				
	06:33+	04:28+	03:21+	02:13=	06:18+	04:10+	01:49+	06:50+	03:17+	04:04+	03:48+	01:33=	03:01=	02:36+	02:04+	01:46=	00:32+				
	01:16#	00:14+	00:56&	00:12=	03:38@	00:01+	00:06+	03:15&	01:01&	00:39#	00:32#	00:20=	00:01=	00:09+	00:29&	00:02=	00:12&				
7	Max Hansen	Ok Djurs										58:29									
	06:04+	10:39+	12:42+	15:31+	17:39+	23:23+	25:55+	32:44+	35:13+	38:20+	41:44+	43:03+	48:38+	53:50+	55:38+	58:01+	58:29+				
	06:04+	04:35+	02:03=	02:49+	02:08=	05:44+	02:32+	06:49+	02:29+	03:07=	03:24+	01:19=	05:35+	05:12+	01:48+	02:23+	00:28+				
	00:47#	00:21+	00:22=	00:24#	00:32=	01:35&	00:49&	03:14&	00:13+	00:18=	00:08+	00:34=	02:33&	02:45@	00:13#	00:35&	00:08&				
8	Torben Isen	Herning Ok										1:03:02									
	06:38+	11:46+	15:16+	18:08+	20:23+	27:10+	31:05+	36:18+	38:58+	42:36+	47:38+	50:30+	54:47+	58:04+	60:19+	62:39+	63:02+				
	06:38+	05:08+	03:30+	02:52+	02:15=	06:47+	03:55+	05:13+	02:40+	03:38+	05:02+	02:52+	04:17+	03:17+	02:15+	02:20+	00:23+				
	01:21&	00:54#	01:05&	00:27#	00:25=	02:38&	02:12@	01:38&	00:24#	00:13+	01:46&	00:59&	01:15&	00:50&	00:40&	00:32&	00:03#				

Class	Navn	Klasse												Tid			
9	Lars Klode	Herning Ok												1:05:11			
05:51+	19:27+	22:26+	25:11+	27:07+	32:47+	35:21+	40:31+	43:04+	47:07+	51:22+	53:27+	57:56+	61:03+	63:03+	64:53+	65:11+	
05:51+	13:36+	02:59+	02:45+	01:56-	05:40+	02:34+	05:10+	02:33+	04:03+	04:15+	02:05+	04:29+	03:07+	02:00+	01:50+	00:18-	
00:34#	09:22@	00:34#	00:20#	00:44-	01:31&	00:51&	01:35&	00:17#	00:38#	00:59&	00:12#	01:27&	00:40&	00:25&	00:02+	00:02-	
10	Gitte Isen	Herning Ok												1:08:49			
06:22+	14:34+	17:06+	19:58+	23:49+	30:17+	32:33+	39:20+	43:05+	48:02+	52:20+	55:28+	60:02+	63:34+	66:00+	68:21+	68:49+	
06:22+	08:12+	02:32+	02:52+	03:51+	06:28+	02:16+	06:47+	03:45+	04:57+	04:18+	03:08+	04:34+	03:32+	02:26+	02:21+	00:28+	
01:05#	03:58&	00:07+	00:27#	01:11&	02:19&	00:33&	03:12&	01:29&	01:32&	01:02&	01:15&	01:32&	01:05&	00:51&	00:33&	00:08&	
11	Carsten Helligsø	Karup Ok												1:09:42			
08:08+	13:49+	16:23+	18:45+	21:21+	31:08+	34:27+	38:56+	42:44+	46:53+	52:29+	54:04+	60:58+	64:46+	66:46+	69:18+	69:42+	
08:08+	05:41+	02:34+	02:22-	02:36-	09:47+	03:19+	04:29+	03:48+	04:09+	05:36+	01:35-	06:54+	03:48+	02:00+	02:32+	00:24+	
02:51&	01:27&	00:09+	00:03-	00:04-	05:38@	01:36&	00:54&	01:32&	00:44#	02:20&	00:18-	03:52@	01:21&	00:25&	00:44&	00:04#	
12	Erik Dag Nielsen	Herning Ok												1:57:17			
22:28+	38:42+	51:18+	55:17+	60:34+	69:54+	72:42+	80:41+	84:18+	89:30+	97:16+	98:57+	105:11+	110:39+	113:05+	116:57+	117:17+	
22:28+	16:14+	12:36+	03:59+	05:17+	09:20+	02:48+	07:59+	03:37+	05:12+	07:46+	01:41-	06:14+	05:28+	02:26+	03:52+	00:20=	
17:11@	12:00@	10:11@	01:34&	02:37&	05:11@	01:05&	04:24@	01:21&	01:47&	04:30@	00:12-	03:12@	03:01@	00:51&	02:04@	00:00=	
Beste stræktid for klassen																	
05:17	04:14	01:47	02:13	01:39	03:52	01:31	03:35	02:16	03:07	03:11	01:19	03:01	02:20	01:30	01:46	00:18	
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																	
bane4																	
1	Lilli Hansen	Ok Gorm												56:45			
06:19=	16:04=	21:11=	24:08=	26:33=	28:03=	31:00=	35:29=	37:49=	40:42=	42:59=	46:13=	50:24=	54:05=	56:17=	56:45=		
06:19=	09:45=	05:07=	02:57=	02:25=	01:30=	02:57=	04:29=	02:53=	02:17=	03:14=	04:11=	03:41=	02:12=	00:28=			
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Frede Truelen	Holstebro Ok												1:05:07			
04:58-	11:04-	17:55-	23:36-	27:45+	34:03+	39:39+	43:55+	46:08+	48:50+	51:03+	54:37+	59:19+	62:32+	64:45+	65:07+		
04:58-	06:06-	06:51+	05:41+	04:09+	06:18+	05:36+	04:16-	02:13-	02:42-	02:13-	03:34+	04:42+	03:13-	02:13+	00:22-		
01:21-	03:39-	01:44&	02:44&	01:44&	04:48@	02:39&	00:13-	00:07-	00:11-	00:04-	00:20#	00:31#	00:28-	00:01+	00:06-		
3	Annette Hebsgaard	Vjok												1:12:00			
11:00+	19:09+	27:37+	32:02+	34:58+	38:02+	42:20+	46:08+	48:21+	51:06+	53:22+	57:35+	64:09+	69:13+	71:34+	72:00+		
11:00+	08:09-	08:28+	04:25+	02:56+	03:04+	04:18+	03:48-	02:13-	02:45-	02:16-	04:13+	06:34+	05:04+	02:21+	00:26-		
04:41&	01:36-	03:21&	01:28&	00:31#	01:34@	01:21&	00:41-	00:07-	00:08-	00:01-	00:59&	02:23&	01:23&	00:09+	00:02-		
4	Ann Dorrit Hansen	Ok Djurs												1:12:16			
06:37+	16:13+	22:02+	25:27+	27:55+	30:35+	34:24+	39:08+	42:16+	47:57+	50:51+	58:19+	63:22+	69:04+	71:39+	72:16+		
06:37+	09:36-	05:49+	03:25+	02:28+	02:40+	03:49+	04:44+	03:08+	05:41+	02:54+	07:28+	05:03+	05:42+	02:35+	00:37+		
00:18+	00:09-	00:42#	00:03+	00:03+	01:10&	00:52&	00:15+	00:48&	02:48&	00:37&	04:14@	00:52#	02:01&	00:23#	00:09&		
5	Lene Stick Nielsen	Viborg Ok												1:12:33			
04:13-	15:29-	21:15+	24:44+	30:19+	32:44+	37:24+	42:06+	44:29+	48:49+	52:00+	60:04+	64:42+	69:07+	72:01+	72:33+		
04:13-	11:16+	05:46+	03:29+	05:35+	02:25+	04:40+	04:42+	02:23+	04:20+	03:11+	08:04+	04:38+	04:25+	02:54+	00:32+		
02:06-	01:31#	00:39#	00:32#	03:10@	00:55&	01:43&	00:13+	00:03+	01:27&	00:54&	04:50@	00:27#	00:44#	00:42&	00:04#		
6	Poul Nøhr	Silkeborg Ok												1:13:36			
06:19=	18:56+	22:03+	24:57+	27:11+	28:51+	32:32+	45:08+	48:05+	50:13+	52:49+	59:55+	65:44+	69:49+	72:25+	73:09+	73:36+	
06:19=	12:37+	03:07-	02:54-	02:14-	01:40+	03:41+	12:36+	02:57+	02:08-	02:36+	07:06+	05:49+	04:05+	02:36+	00:44+	00:27+	
00:00=	02:52&	02:00-	00:03-	00:11-	00:10#	00:44#	08:07@	00:37&	00:45-	00:19#	03:52@	01:38&	00:24#	00:24#	00:16&	00:27+	
7	Pia Gade	Viborg Ok												1:14:35			
05:53-	17:24+	23:11+	26:40+	32:14+	34:39+	39:20+	44:02+	46:25+	50:43+	53:56+	61:55+	66:39+	71:03+	74:04+	74:35+		
05:53-	11:31+	05:47+	03:29+	05:34+	02:25+	04:41+	04:42+	00:23+	04:18+	03:13+	07:59+	04:44+	04:24+	03:01+	00:31+		
00:26-	01:46#	00:40#	00:32#	03:09@	00:55&	01:44&	00:13+	00:03+	01:25&	00:56&	04:45@	00:33#	00:43#	00:49&	00:03#		
8	Asger Kristensen	Herning Ok												1:16:29			
06:25+	14:24-	18:48-	23:01-	27:57+	30:56+	35:24+	40:52+	43:58+	46:45+	51:06+	59:49+	66:24+	72:19+	75:45+	76:29+		
06:25+	07:59-	04:24-	04:13+	04:56+	02:59+	04:28+	05:28+	03:06+	02:47-	04:21+	08:43+	06:35+	05:55+	03:26+	00:44+		
00:06+	01:46-	00:43-	01:16&	02:31@	01:29&	01:31&	00:59#	00:46&	00:06-	02:04&	05:29@	02:24&	02:14&	01:14&	00:16&		
9	Susanne Høiberg	Silkeborg Ok												1:20:39			
08:16+	17:20+	26:48+	31:29+	35:26+	37:50+	41:45+	51:04+	53:37+	58:55+	61:37+	66:05+	71:27+	76:49+	79:48+	80:39+		
08:16+	09:04-	09:28+	04:41+	03:57+	02:24+	03:55+	09:19+	02:33+	05:18+	02:42+	04:28+	05:22+	05:22+	02:59+	00:51+		
01:57&	00:41-	04:21&	01:44&	01:32&	00:54&	00:58&	04:50@	00:13+	02:25&	00:25#	01:14&	01:11&	01:41&	00:47&	00:23&		

Class	Navn	Klasse														Tid
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10	Frants Nielsen	Herning Ok														1:20:47
22:26+	32:04+	39:53+	42:42+	47:22+	49:35+	52:41+	56:16+	60:49+	62:38+	65:22+	69:30+	74:13+	77:43+	80:12+	80:47+	
22:26+	09:38-	07:49+	02:49-	04:40+	02:13+	03:06+	03:35-	04:33+	01:49-	02:44+	04:08+	04:43+	03:30-	02:29+	00:35+	
16:07@	00:07-	02:42&	00:08-	02:15&	00:43&	00:09+	00:54-	02:13&	01:04-	00:27#	00:54&	00:32#	00:11-	00:17#	00:07#	

11	Lene Jacobsen	Holstebro Ok														1:27:22
05:57-	15:13-	24:40+	28:52+	32:52+	35:43+	39:18+	45:17+	51:02+	56:49+	61:40+	69:33+	75:56+	82:19+	86:40+	87:22+	
05:57-	09:16-	09:27+	04:12+	04:00+	02:51+	03:35+	05:59+	05:45+	05:47+	04:51+	07:53+	06:23+	06:23+	04:21+	00:42+	
00:22-	00:29-	04:20&	01:15&	01:35&	01:21&	00:38#	01:30&	03:25@	02:54@	02:34@	04:39@	02:12&	02:42&	02:09&	00:14&	

12	Claus Clausen	Holstebro Ok														1:27:32
06:04-	15:26-	24:47+	29:03+	33:05+	35:54+	39:29+	45:23+	51:14+	56:54+	61:51+	69:46+	76:08+	82:24+	86:47+	87:32+	
06:04-	09:22-	09:21+	04:16+	04:02+	02:49+	03:35+	05:54+	05:51+	05:40+	04:57+	07:55+	06:22+	06:16+	04:23+	00:45+	
00:15-	00:23-	04:14&	01:19&	01:37&	01:19&	00:38#	01:25&	03:31@	02:47&	02:40@	04:41@	02:11&	02:35&	02:11&	00:17&	

13	Birgitte Jørgensen	Viborg Ok														1:33:42
08:47+	22:26+	28:06+	32:31+	36:11+	40:04+	48:42+	54:08+	58:31+	62:52+	68:20+	73:50+	81:04+	86:45+	91:03+	93:42+	
08:47+	13:39+	05:40+	04:25+	03:40+	03:53+	08:38+	05:26+	04:23+	04:21+	05:28+	05:30+	07:14+	05:41+	04:18+	02:39+	
02:28&	03:54&	00:33#	01:28&	01:15&	02:23@	05:41@	00:57#	02:03&	01:28&	03:11@	02:16&	03:03&	02:00&	02:06&	02:11@	

14	Hartvig Mathiasen	Viborg Ok														1:34:03
09:01+	22:26+	28:17+	32:32+	36:07+	40:11+	48:50+	54:16+	58:30+	62:47+	68:20+	73:46+	81:08+	86:52+	91:08+	94:03+	
09:01+	13:25+	05:51+	04:15+	03:35+	04:04+	08:39+	05:26+	04:14+	04:17+	05:33+	05:26+	07:22+	05:44+	04:16+	02:55+	
02:42&	03:40&	00:44#	01:18&	01:10&	02:34@	05:42@	00:57#	01:54&	01:24&	03:16@	02:12&	03:11&	02:03&	02:04&	02:27@	

Beste stræktid for klassen															
04:13	06:06	03:07	02:49	02:14	01:30	02:57	03:35	02:13	01:49	02:13	03:14	04:11	03:13	02:12	00:22

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Bane5

1	Jens B Christensen	Ok Vendelboerne														53:32
05:37=	08:39=	11:20=	15:30=	18:01=	20:22=	25:26=	29:15=	32:08=	38:12=	40:22=	44:19=	46:09=	49:58=	53:07=	53:32=	
05:37=	03:02=	02:41=	04:10=	02:31=	02:21=	05:04=	03:49=	02:53=	06:04=	02:10=	03:57=	01:50=	03:49=	03:09=	00:25=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	

2	Pia Grønberg Hansen	Kolding Ok														1:01:46
05:56+	09:37+	12:31+	18:23+	21:37+	24:31+	31:26+	36:15+	39:35+	44:48+	48:08+	53:04+	55:29+	58:20+	61:11+	61:46+	
05:56+	03:41+	02:54+	05:52+	03:14+	02:54+	06:55+	04:49+	03:20+	05:13-	03:20+	04:56+	02:25+	02:51-	02:51-	00:35+	
00:19+	00:39#	00:13+	01:42&	00:43&	00:33#	01:51&	01:00&	00:27#	00:51-	01:10&	00:59#	00:35&	00:58-	00:18-	00:10&	

Beste stræktid for klassen															
05:37	03:02	02:41	04:10	02:31	02:21	05:04	03:49	02:53	05:13	02:10	03:57	01:50	02:51	02:51	00:25

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.