

Dominating cross-eye problems

Cross-eye domination happens when your master eye is at odds with the way you shoot the gun and causes all sorts of problems. Thankfully, eyewear specialist Wiley X has an answer...

Cross-eye domination is a problem for a fair percentage of shooters and can lead to plenty of missed targets and a large amount of frustration.

Essentially, if you shoulder the gun to your right shoulder and aim with your left eye – as the dominant one – or vice versa, then the line of the gun and the line of the sight are different.

This means that, as a shooter, you are not looking directly down the barrel, leading to missed targets.

In days gone by the problem has typically been solved by either closing the dominant eye or covering up that eye with a piece of cardboard, or even placing tape over the relevant glasses lens.

The disadvantage of these 'tricks' is that it is harder to evaluate distances with only one eye. There will often be no eye

protection and the shooter does not have a 100 per cent field of view.

SEEING CLEARLY

Protective-eyewear expert Wiley X says it can effectively "cure" the problem with its glasses.

Its Ballistic, ANSI Z87.1-rated and EN.166-certified lenses will provide a true spatial relationship of objects in the field of view.

By using a smoke-grey coloured lens in front of the dominant eye and a light rust coloured one for enhanced contrast in front of the other, the eye domination will usually change,

solving the issue.

Basically, what happens is that the human brain cannot work out the two colours so they effectively become one.

Alongside removing the problem of cross-eye domination, using Wiley X glasses also means 100 per cent distance evaluation, total field of view and, crucially, 100 per cent eye protection.

The glasses can also be supplied as RX ready for your prescription lenses.

PROOF POSITIVE

Shooting instructor and world record holder Stephen Marsden has first-hand experience as to what a difference the glasses can make.

He explained: "My son has a cross-eye dominance

problem and he would normally have to shoot with one eye closed.

"By changing the lens in the shooting glasses to one black, one orange, it has shifted the master eye to the good side, looking down the barrel, and he is now able to shoot with both eyes open, allowing him to get better results.

"Now when any client who comes to me for a shooting lesson with a cross-eye dominance issue, I am using this technique with the glasses and getting great results." 

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