

Instructions of Hygiene and Conduct for Students at AMU-Fyn during COVID-19

These instructions have been prepared to prevent COVID-19 infection according to the guidelines of the Danish Health Authority.

We all have a responsibility to follow these instructions in order to comply to the guidelines issued by the Danish Health Authority. We revise the guidelines, if they appear to be inappropriate or updates are available.

Participation in physical education requires a COVID-19 test within the last 72 hours. The COVID-19 test must be negative. If you cannot present a negative test result, we will appoint you to the nearest test center. Your teacher will check your test result. Once you have your answer, you can return to AMU-Fyn and attend your course. Unfortunately we cannot offer you to attend the course, if you do not want to take a COVID-19 test.

It is very important that you stay in the area, where your classroom is located so that as few people as possible has access to the toilets. We ask you to respect any barrier tape. The canteen will be open - however there may be a limited assortment according to the circumstances.

As a student, you must remember:

- To avoid physical contact, e.g. handshakes or hugs.
- Wash your hands with water and liquid soap before entering AMU-Fyn.
- Wash hands in regular intervals, e.g. every break (at least every two hours)
- Wash hands after using the toilet, after eating, rinsing your nose and after coughing/sneezing in your elbow or disposable handkerchief.
- You must wash your hands with water and liquid soap or use hand alcohol, when you leave your classroom and attend one of the workshops.
- If you have clean hands, the use of hand alcohol can replace washing your hands.
- Use alcohol wipes or skin-friendly towelettes, when there is no water and soap available. You must however wash your hands with water and liquid soap as soon as possible.
- Be careful not to touch your face with your hands.
- You must avoid large assemblies in the hallways, in the canteen, by the toilets and in the common areas.
- You must use a face mask in the common areas (the canteen, the hallways and other common areas). You are also welcome to use the face mask in the classes. You can buy a face mask at the reception for DKK 3.00 / each.
- We encourage you to install the Corona app.
- We recommend that you, as far as possible, keep a distance of 2 meters. There can be special situations, where this is not possible. For instance by driving lessons. In those cases, you must wear a face mask/visor combined with other infection preventing measures.

Petersmindevej 50 · 5000 Odense C
Tlf. 66 13 66 70

C. F. Tietgens Boulevard 27 · 5220 Odense SØ
Tlf. 66 13 66 70

- If you are diagnosed with COVID-19 outside our opening hours, it is important that you immediately write an e-mail to jpe@amu-fyn.dk, also outside normal opening hours and weekends.
- We will also draw your attention to the fact that the definition of “close contacts” has been restricted. This means that you are a close contact if:
 - You have been within 2 meters of the infected person for more than 15 minutes. If you are a close contact, you must self-isolate immediately and until a second negative test. You must take the test on day 4 and day 6 - calculated after the last day, you have been in contact with an infected person. This instruction applies to all virus variants. In general, it is important to comply to the general infection prevention recommendations.

In class you must

- Stay near you classroom.
- Stay at the school for as short a time as possible. Homework must take place from your house as far as possible.

In your spare time

- At any time you are responsible for complying with the rules in force, cf. COVID-19.

When using machines

- Your teacher will provide you with machines, tools and other materials.
- You must clean the tools with alcohol, when you start and end the use of them.
- There is no access to storage for students.
- Your teacher will provide you with gloves, when using the machines.

Other practical information

- There will only be chairs matching the number of students.
- The teaching takes place with open doors and windows to the widest possible extent and otherwise with frequent ventilation.
- We encourage you to socialize in the same small groups during the day.
- You must notify the school if you get sick, and inform us if you have symptoms of Coronavirus so that we can react accordingly.
- You must contact us if you are in a risk group so that we can arrange your options for attending the class. Be aware that special conditions may comply in connection with attending first aid class.

We must draw your attention to the fact that we can expel you from school if you are unwilling to wear face mask. If you for health reasons are exempted from wearing face mask, we will encourage you to wear a badge with this information. You also have the opportunity to contact your teacher, if it is not possible for you to bring a face mask. You can purchase a badge here <https://www.landsforeningen-spor.dk/badge>.